

	231	Victoria	Riese	36	Sykesville MD	dnf	
5K - F 40-49							
Place	Bib #	First Name	Last Name	Age	Hometown	Time	R3 Pts
1	210	Natasha	Craig	45	Warkworth NZ	33:00	50
2	224	Kristina	Maze	47	Washington DC	34:13	41
3	292	Nicole	Davis	46	Urbana MD	35:05	35
4	205	Julie	Carpenter	43	Aurora CO	36:12	30
5	293	Heather	Weaver	49	Bethesda MD	38:51	26
6	208	Barbara	Chong	46	Boyds MD	39:33	23
7	232	Stephanie	Robinson	43	Arlington VA	41:06	20
8	301	Joanna	Shapiro	47	Frederick MD	42:45	17
9	235	Johanna	Schneider	43	Clarksburg MD	43:21	15
10	203	Paola	Canelos	41	Gaithersburg MD	44:30	13
11	397	Kristin	Kramer	43	Silver Spring MD	44:57	11
12	243	Denise	Woodward	49	State College PA	45:00	9
13	237	Ada	Smith	47	Woodbridge VA	45:45	8
14	201	Erin	Birgfeld	45	Washington DC	46:57	7
15	226	Meg	McGarry	45	Washington DC	48:43	6
16	398	Barbara	Scott	49	Leesburg VA	49:37	5
17	217	Renee	Fye	47	Springfield VA	51:04	4
18	297	Rebecca	Clark	41	Ijamsville MD	52:28	3
5K - F 50-59							
Place	Bib #	First Name	Last Name	Age	Hometown	Time	R3 Pts
1	234	Michelle	Ryan	53	Rye NH	35:41	50
2	212	Kate	Dowling	54	Washington DC	37:51	41
3	220	Laurie	Horstmann	57	Centreville VA	38:33	35
4	233	Brenda	Roundy	52	Ijamsville MD	39:47	30
5	225	Natalie	McDonald	55	Arlington VA	47:16	26
6	242	Michelle	Wentzel	54	Centreville VA	48:40	23
7	206	Hai	Chen	51	Elkridge MD	51:42	20
8	199	Mary	Best	56	Mount Airy MD	1:00:44	17
5K - M 19-U							
Place	Bib #	First Name	Last Name	Age	Hometown	Time	R3 Pts
1	251	Evan	Bonapace	9	Boyds MD	31:41	50
2	279	Jack	Reed	14	Herndon VA	32:26	41

3	255	Nate	Carr	12	Gaithersburg MD	37:11	35
4	268	Nicholas	Jorgensen	13	Frederick MD	38:37	30

5K - M 20-29

Place	Bib #	First Name	Last Name	Age	Hometown	Time	R3 Pts
1	275	Joshua	Ostrenga	27	Rockville MD	25:23	50
2	282	Jefferson	Ruiz	20	Silver Spring MD	26:28	41
3	247	Andy	Bell	28	Washington DC	27:22	35
4	303	Dylan	Dethier	25	New York NY	28:24	30
5	248	Sean	Bell	29	Takoma Park MD	30:12	26
6	295	Juan	Echeverria	22	Frederick MD	30:22	23
7	400	Kevin	Nichols	26	Columbia MD	33:06	20
8	266	John	Hurson	26	Arlington VA	34:54	17
9	246	Michael	Barnhart	26	Arlington VA	37:29	15

5K - M 30-39

Place	Bib #	First Name	Last Name	Age	Hometown	Time	R3 Pts
1	263	Benjamin	Fry	30	Silver Spring MD	27:19	50
2	286	Michael	Trumbull	35	Germantown MD	28:04	41
3	289	Travis	Varney	35	Frederick MD	29:18	35
4	285	Daniel	Syzdek	30	Gaithersburg MD	33:15	30
5	253	Steven	Boyden	36	North Bethesda MD	33:25	26
6	287	Ben	Tse	34	Germantown MD	47:20	23
7	262	Michael	Ett	32	Springfield VA	1:15:12	20

5K - M 40-49

Place	Bib #	First Name	Last Name	Age	Hometown	Time	R3 Pts
1	261	Anthony	Duricy	43	Salt Lake City UT	26:31	50
2	284	Marquette	Shumate	40	Bowie MD	27:37	41
3	258	Jack	Cline	46	Gaithersburg MD	29:51	35
4	250	Charles	Bonapace	49	Boyd's MD	32:33	30
5	265	Jason	Huebner	40	Germantown MD	33:41	26
6	264	James	Fye	47	Springfield VA	35:20	23
7	256	Russell	Carr	44	Gaithersburg MD	37:12	20
8	269	Don	Kramer	45	Silver Spring MD	37:49	17
9	257	Paul	Clavijo	42	Gaithersburg MD	38:19	15
10	291	Colin	Campbell	46	Rockville MD	41:12	13
11	288	David	Tygielski	46	Clarksburg MD	42:35	11

12	298	Andrew	Pratt	47	Washington DC	43:32	9
13	252	Robert	Bonfante	45	Abingdon MD	45:57	8

5K - M 50-59

Place	Bib #	First Name	Last Name	Age	Hometown	Time	R3 Pts
1	271	Vincent	McDonald	58	Arlington VA	30:39	50
2	278	Paul	Rapavi	59	Springfield VA	30:44	41
3	249	Ken	Bocam	51	Potomac MD	36:03	35
4	274	Ernest	Milner	59	Gaithersburg MD	36:11	30
5	254	Chip	Burroughs	59	Fairfax VA	37:53	26
6	260	Paul	Duray	52	Ijamsville MD	38:07	23
7	277	Aziz	Raad	53	Montgomery Village M	38:10	20
8	281	Joe	Roundy	55	Ijamsville MD	38:15	17
9	267	John	Jorgensen	52	Frederick MD	38:37	15
10	280	Mark	Robinson	57	Vienna VA	41:40	13
11	272	Andrew	Mergen	53	Washington DC	48:36	11

5K - M 60+

Place	Bib #	First Name	Last Name	Age	Hometown	Time	R3 Pts
1	283	Peter	Ryan	61	Vienna VA	45:25	50
2	259	Francis	Donovan	67	Chevy Chase MD	47:25	41
3	290	Alan	Wycherley	74	Annapolis MD	1:05:39	35

10K - F 20-29

Place	Bib #	First Name	Last Name	Age	Hometown	Time	R3 Pts
1	434	Jennifer	Grimaudo	25	Frederick MD	53:52	50
2	421	Maggie	Dewane	29	Washington DC	58:44	41
3	430	Catherine	Gellatly	27	Washington DC	1:02:52	35
4	467	Gabrielle	Pritsker	27	Washington DC	1:03:55	30
5	471	Maggie	Roundy	25	Ijamsville MD	1:05:13	26
6	426	Kelley	Frank	25	Arlington VA	1:08:51	23
7	486	Tiana	Unterberger	29	Fort Meade MD	1:09:08	20
8	456	Kerry	McHugh	29	Frederick MD	1:11:20	17
9	406	Sarah	Boehm	25	Annapolis MD	1:12:25	15
10	405	Jordan	Bialek	22	Alexandria VA	1:12:43	13

10K - F 30-39

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Place	Bib #	First Name	Last Name	Age	Hometown	Time	R3 Pts
1	429	Deborah	Gayle	39	Burtonsville MD	57:42	50
2	453	Kathryn	Martin	36	Bethesda MD	58:28	41
3	423	Jessica	Duran	34	Rockville MD	1:00:18	35
4	487	Jennifer	Vogt	35	Arlington VA	1:00:21	30
5	458	Rachel	Miller	32	Frederick MD	1:08:52	26
6	460	Rebecca	Mills	37	Frederick MD	1:08:57	23
7	420	Stephanie	Devlin-Gill	38	Bethesda MD	1:09:28	20
8	447	Amanda	Lichy	39	Reston VA	1:11:40	17
9	808	Kelly	Bacon	39	Vienna VA	1:12:42	15
10	491	Gwyneth	Whieldon	33	Frederick MD	1:12:53	13
11	472	Natasha	Schuh-Nuhfer	37	Sterling VA	1:13:13	11
12	422	Stacy	DiFranco	37	Hagerstown MD	1:14:11	9
13	451	Angela	Mariani	32	Silver Spring MD	1:15:57	8
14	469	Elizabeth	Rodriguez	33	Silver Spring MD	1:17:52	7
15	462	Amara Thiri	Myaing	38	Bethesda MD	1:19:46	6
16	464	Lauren	Nazelrod	33	Clarksburg MD	1:20:37	5
17	408	Stephanie	Bosh	38	Washington DC	1:23:06	4
17	409	Janis	Bowdler	38	Takoma Park MD	1:23:06	4
19	431	Jessica	Gorom	34	Clarksburg MD	1:23:42	2
20	466	Sarah	Pickett	31	Thurmont MD	1:24:49	1
21	443	Melissa	Klembara	38	Washington DC	1:28:10	
22	478	Jamie	Supinger	30	Springfield VA	1:30:29	
23	468	Tara	Reed	34	Waldorf MD	1:57:43	
24	452	Jocelyn	Martin	36	Annapolis MD	1:57:47	

10K - F 40-49

Place	Bib #	First Name	Last Name	Age	Hometown	Time	R3 Pts
1	448	Janel	Lobur	40	Frederick MD	54:17	50
2	440	Cary	Joshi	42	Washington DC	1:01:21	41
3	807	Jody	Pratt	43	Washington DC	1:06:58	35
4	418	Tracy	Cooley	45	Arlington VA	1:07:37	30
5	432	Kristin	Gould	40	Gaithersburg MD	1:08:00	26
6	425	Amy	Fisher	44	Erie PA	1:09:12	23
7	492	Amy	White	43	Germantown MD	1:10:11	20
8	814	Kristy	Branstetter	45	Springfield VA	1:10:22	17
9	407	Ksenia	Boitsova	46	Silver Spring MD	1:11:17	15
10	455	Kris	McCallum	47	Arlington VA	1:12:16	13

11	404	Mary	Beverly	43	Frederick MD	1:14:09	11
12	813	Jen	Finnegan	46	Alexandria VA	1:16:34	9
13	415	Melissa	Chow	40	Washington DC	1:16:41	8
14	480	Wendy	Taylor	42	Gaithersburg MD	1:17:51	7
15	416	Jennifer	Coleman	46	Silver Spring MD	1:19:31	6
16	454	Michelle	Martin	44	Clarksburg MD	1:20:29	5
17	465	Diane	Pancoska	45	Silver Spring MD	1:22:19	4
18	482	Elizabeth	Thomas	45	Clarksburg MD	1:23:00	3
19	481	Carla	Thomas	46	Fort Meade MD	1:23:02	2
20	435	Caryn	Healander	49	Clarksburg MD	1:23:42	1
21	470	Megan	Roessing	40	Arlington VA	1:29:10	
22	489	Heather	Watkins	40	College Park MD	1:37:41	
	417	Alexis	Collins	43	Silver Spring MD	dnf	

10K - F 50-59

Place	Bib #	First Name	Last Name	Age	Hometown	Time	R3 Pts
1	401	Monika	Bachmann	51	Upper Marlboro MD	1:02:16	50
2	436	Denise	Hendrickson	51	Bethesda MD	1:07:10	41
3	403	Dinny	Bedard	57	Frederick MD	1:08:56	35
4	411	Mary	Byrne	51	Arlington VA	1:10:20	30
5	424	Rachel	Faulise	50	Arlington VA	1:13:34	26
6	811	Ahed	McDaniel	56	Annapolis MD	1:16:17	23
7	412	Julie	Carr	51	Alexandria VA	1:18:14	
8	446	Randi	Levy	50	Germantown MD	1:37:41	

10K - F 60+

Place	Bib #	First Name	Last Name	Age	Hometown	Time	R3 Pts
1	437	Kathy	Hennes	64	Annapolis MD	1:16:39	50
2	457	Kathleen	McMackin	62	Millersville MD	1:37:50	41

10K - M 19-U

Place	Bib #	First Name	Last Name	Age	Hometown	Time	R3 Pts
1	579	Blue	Shapiro	15	Frederick MD	53:10	50
2	545	Austin	Kreb	17	Aldie VA	54:14	41
3	600	Seth	McRoberts	17	Purcellville VA	55:24	35

10K - M 20-29

Place	Bib #	First Name	Last Name	Age	Hometown	Time	R3 Pts
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1	525	Nick	Fogel	27	Washington DC	41:58	50
2	519	Matt	Cassi	28	Washington DC	52:26	41
3	504	Cameron	Billinghurst	23	Arlington VA	53:51	35
4	526	Ryan	Foret	25	Takoma Park MD	55:55	30
5	540	John	Hodge	29	King George VA	57:01	26
6	588	Ross	Wakeman	28	Washington DC	1:03:49	23
7	511	Joseph	Brennan	25	Annapolis MD	1:04:09	20
8	533	Ryan	Gram	25	Arlington VA	1:09:17	17
9	538	Nickolas	Hertges	28	New Market MD	1:21:11	15

10K - M 30-39

Place	Bib #	First Name	Last Name	Age	Hometown	Time	R3 Pts
1	567	James	Pearce	37	Rockville MD	42:32	50
2	500	Iain	Banks	39	Bowie MD	44:16	41
3	509	Ryan	Bowen	31	Rockville MD	46:17	35
4	584	Marek	Sotola	30	Arlington VA	47:46	30
5	596	Joseph	McMullin	31	Arlington VA	48:56	26
6	510	Brendan	Boyle	39	Annapolis MD	49:24	23
7	542	Kenneth	Janosko	33	Rockville MD	49:39	20
8	592	Chris	White	30	Washington DC	50:51	17
9	566	Cameron	Payne	36	Baltimore MD	53:09	15
10	553	McKenzie	McLeod	35	Woodbridge VA	53:48	13
11	548	Patrick	Lichy	38	Reston VA	56:09	11
12	570	Justin	Pickett	34	Thurmont MD	58:55	9
13	560	Josh	Nichols	32	Burke VA	1:00:18	8
14	568	Joseph	Perez	36	Takoma Park MD	1:01:06	7
15	537	Jason	Henderson	37	Fairfax VA	1:01:56	6
16	581	Kevyn	Silverman	38	Severn MD	1:02:48	5
17	506	Scott	Bindel	35	Burtonsville MD	1:04:05	4
18	529	Simon	Gauthier	37	Ellicott City MD	1:06:25	3
19	597	Dustin	Aschenbach	31	Frederick MD	1:08:35	2
20	520	Charles	Chandler	35	Columbia MD	1:11:09	1
21	583	Kevin	Smoot	34	Clarksburg MD	1:11:12	
22	594	Jeremy	Zehr	35	Derwood MD	1:11:27	
23	531	Peter	Goff	36	Alexandria VA	1:15:45	
24	544	Clayton	Kolb	38	Potomac MD	1:15:59	
25	513	Ralph	Brown	38	Arlington VA	1:16:00	

26	535	Robert	Hall	39	Walkersville MD	1:18:01	
27	815	Ross	Branstetter	37	Silver Spring MD	1:31:53	

10K - M 40-49

Place	Bib #	First Name	Last Name	Age	Hometown	Time	R3 Pts
1	805	David	Storper	44	Bethesda MD	45:45	50
2	554	James	Mills	40	Frederick MD	46:10	41
3	580	Kenneth	Shapiro	48	Frederick MD	48:06	35
4	575	Christopher	Robinson	43	Arlington VA	49:01	30
5	503	Bill	Bernier	41	Springfield VA	51:19	26
6	541	Spencer	Hollis	43	Bethesda MD	54:19	23
7	551	Thomas	Matteini	42	Baltimore MD	54:24	20
8	563	Brendan	O'Brien	44	Washington DC	54:59	17
9	587	Anders	Sundstrom	41	Clarksburg MD	55:54	15
10	574	John	Reed	45	Herndon VA	56:12	13
11	527	Jay	Frankenfield	47	Leesburg VA	56:53	11
12	516	David	Burger	42	Vienna VA	57:56	9
13	534	Brandon	Guzzone	42	Rockville MD	58:25	8
14	809	Adam	Rasnussen	47	Arlington VA	58:40	7
15	589	Ryder	Warehall	42	Potomac MD	58:54	6
16	573	Patrick	Rawson	41	Rockville MD	1:00:02	5
17	595	David	Johnson	48	Bethesda MD	1:00:33	4
18	522	Ken	Dash	46	Bethesda MD	1:01:06	3
19	585	Jay	Stanley	49	Arlington VA	1:02:23	2
20	514	Aaron	Brundage	43	Reston VA	1:02:35	1
21	556	David	Mitchell	46	Lovettsville VA	1:02:37	
22	577	Thomas	Ruder	49	Bethesda MD	1:04:56	
23	564	Chris	Ohm	47	New Market MD	1:07:24	
24	552	John	McGlothlin	43	Rockville MD	1:14:51	
25	549	Simon	Limage	40	Washington DC	1:18:17	
26	806	Michael	Belinkie	41	Arlington VA	1:18:33	
27	507	Robbie	Blaylock	40	New Market MD	1:25:41	
28	543	Brian	Kaigler	48	Urbana MD	1:33:41	
29	524	Jason	Fisher	43	Erie PA	1:40:53	

10K - M 50-59

Place	Bib #	First Name	Last Name	Age	Hometown	Time	R3 Pts
1	508	Rob	Bowen	53	Oak Hill VA	52:05	50

2	565	Robert	Parry	52	College Park MD	52:50	41
3	536	Pete	Hayward	51	Vienna VA	54:00	35
4	812	Paul	Durbin	52	Washington DC	54:41	30
5	505	Mark	Billinghurst	55	Arlington VA	57:32	26
6	517	Thomas	Burke	53	Vienna VA	59:17	23
7	515	Glenn	Buchter	53	Alexandria VA	1:02:53	20
8	530	Jon	Gitter	56	Baltimore MD	1:06:09	17
9	599	William	McRoberts	56	Purcellville VA	1:06:37	15
10	512	Vitali	Brovkine	50	Potomac MD	1:07:35	13
11	593	Michael	Yapp	56	Miramar FL	1:07:52	11
12	502	Eric	Barnes	51	Fredericksburg VA	1:07:57	9
13	810	Jorge	Lopez	57	Miami FL	1:08:00	8
14	569	Andrew	Petitti	52	Alexandria VA	1:08:36	7
15	557	Steven	Mocarski	57	Bethesda MD	1:08:55	6
16	598	Daniel	Flavin	51	Herndon VA	1:22:47	5
17	495	Taro	Adachi	54	Baltimore MD	1:23:55	4

10K - M 60+

Place	Bib #	First Name	Last Name	Age	Hometown	Time	R3 Pts
1	816	Mike	Roche	64	Millington MD	1:01:05	50
2	497	Graham	Allaway	61	Darnestown MD	1:06:23	41
3	518	Mike	Carey	61	Spencerville MD	1:22:01	35
4	547	Fredric	Leffler	62	Columbia MD	1:22:39	30
5	572	Peter	Radue	63	Mount Airy MD	1:24:08	26
6	539	Spencer	Hines	66	Germantown MD	1:28:20	23