

Blue Crab Bolt 10K Trail Running Series 2017

Race #3 - Overall Results

5K Overall Results - BCB3 @ Little Bennett on 8/26/17 (actual distance = 5.8K)							
Place	Bib#	First Name	Last Name	Age	Age Group	Hometown	Time
1	275	Joshua	Ostrenga	27	5M20	Rockville MD	25:23
2	282	Jefferson	Ruiz	20	5M20	Silver Spring MD	26:28
3	261	Anthony	Duricy	43	5M40	Salt Lake City UT	26:31
4	263	Benjamin	Fry	30	5M30	Silver Spring MD	27:19
5	247	Andy	Bell	28	5M20	Washington DC	27:22
6	284	Marquette	Shumate	40	5M40	Bowie MD	27:37
7	286	Michael	Trumbull	35	5M30	Germantown MD	28:04
8	303	Dylan	Dethier	25	5M20	New York NY	28:24
9	289	Travis	Varney	35	5M30	Frederick MD	29:18
10	229	Laura	Newcomb	28	5F20	Washington DC	29:31
11	258	Jack	Cline	46	5M40	Gaithersburg MD	29:51
12	248	Sean	Bell	29	5M20	Takoma Park MD	30:12
13	295	Juan	Echeverria	22	5M20	Frederick MD	30:22
14	271	Vincent	McDonald	58	5M50	Arlington VA	30:39
15	278	Paul	Rapavi	59	5M50	Springfield VA	30:44
16	251	Evan	Bonapace	9	5M19	Boyds MD	31:41
17	279	Jack	Reed	14	5M19	Herndon VA	32:26
18	399	Julie	Moore	27	5F20	Columbia MD	32:31
19	250	Charles	Bonapace	49	5M40	Boyds MD	32:33
20	202	Anna	Bonapace	11	5F19	Boyds MD	32:47
21	210	Natasha	Craig	45	5F40	Warkworth NZ	33:00
22	400	Kevin	Nichols	26	5M20	Columbia MD	33:06
23	285	Daniel	Syzdek	30	5M30	Gaithersburg MD	33:15
24	253	Steven	Boyden	36	5M30	North Bethesda MD	33:25
25	265	Jason	Huebner	40	5M40	Germantown MD	33:41
26	224	Kristina	Maze	47	5F40	Washington DC	34:13
27	266	John	Hurson	26	5M20	Arlington VA	34:54
28	302	Cedar	Shapiro	13	5F19	Frederick MD	35:04
29	292	Nicole	Davis	46	5F40	Urbana MD	35:05
30	264	James	Fye	47	5M40	Springfield VA	35:20
31	234	Michelle	Ryan	53	5F50	Rye NH	35:41
32	249	Ken	Bocam	51	5M50	Potomac MD	36:03

33	274	Ernest	Milner	59	5M50	Gaithersburg MD	36:11
34	205	Julie	Carpenter	43	5F40	Aurora CO	36:12
35	255	Nate	Carr	12	5M19	Gaithersburg MD	37:11
36	256	Russell	Carr	44	5M40	Gaithersburg MD	37:12
37	246	Michael	Barnhart	26	5M20	Arlington VA	37:29
38	221	Michaela	Lancaster	38	5F30	Smithsburg MD	37:33
39	269	Don	Kramer	45	5M40	Silver Spring MD	37:49
40	212	Kate	Dowling	54	5F50	Washington DC	37:51
41	254	Chip	Burroughs	59	5M50	Fairfax VA	37:53
42	196	Sarah	Banks	39	5F30	Bowie MD	38:05
43	260	Paul	Duray	52	5M50	Ijamsville MD	38:07
44	277	Aziz	Raad	53	5M50	Montgomery Village MD	38:10
45	281	Joe	Roundy	55	5M50	Ijamsville MD	38:15
46	257	Paul	Clavijo	42	5M40	Gaithersburg MD	38:19
47	220	Laurie	Horstmann	57	5F50	Centreville VA	38:33
48	267	John	Jorgensen	52	5M50	Frederick MD	38:37
48	268	Nicholas	Jorgensen	13	5M19	Frederick MD	38:37
50	293	Heather	Weaver	49	5F40	Bethesda MD	38:51
51	208	Barbara	Chong	46	5F40	Boyds MD	39:33
52	300	Naomi	Gunter	36	5F30	Silver Spring MD	39:39
53	233	Brenda	Roundy	52	5F50	Ijamsville MD	39:47
54	232	Stephanie	Robinson	43	5F40	Arlington VA	41:06
55	291	Colin	Campbell	46	5M40	Rockville MD	41:12
56	280	Mark	Robinson	57	5M50	Vienna VA	41:40
57	218	Rachel	Guzzone	34	5F30	Rockville MD	42:31
58	288	David	Tygielski	46	5M40	Clarksburg MD	42:35
59	301	Joanna	Shapiro	47	5F40	Frederick MD	42:45
60	235	Johanna	Schneider	43	5F40	Clarksburg MD	43:21
61	299	Ingrid	Pratt	8	5F19	Washington DC	43:31
62	298	Andrew	Pratt	47	5M40	Washington DC	43:32
63	209	Jenifer	Congdon	39	5F30	Washington DC	44:15
64	203	Paola	Canelos	41	5F40	Gaithersburg MD	44:30
65	204	Nikki	Carlson	39	5F30	Cincinnati OH	44:46
66	397	Kristin	Kramer	43	5F40	Silver Spring MD	44:57
67	243	Denise	Woodward	49	5F40	State College PA	45:00
68	283	Peter	Ryan	61	5M60	Vienna VA	45:25
69	237	Ada	Smith	47	5F40	Woodbridge VA	45:45
70	294	Francis	Garcia	20	5F20	Frederick MD	45:48

71	228	Karen	Mowrer	36	5F30	North Bethesda MD	45:49
72	252	Robert	Bonfante	45	5M40	Abingdon MD	45:57
73	193	Erika	Anstead	24	5F20	Potomac MD	46:16
74	197	Brianne	Barrow Little	38	5F30	Washington DC	46:48
75	201	Erin	Birgfeld	45	5F40	Washington DC	46:57
76	194	Kelly	Armijo	26	5F20	Washington DC	47:02
77	225	Natalie	McDonald	55	5F50	Arlington VA	47:16
78	287	Ben	Tse	34	5M30	Germantown MD	47:20
79	259	Francis	Donovan	67	5M60	Chevy Chase MD	47:25
80	214	Krista	Egger	35	5F30	Washington DC	47:32
81	272	Andrew	Mergen	53	5M50	Washington DC	48:36
82	200	Rachael	Best	21	5F20	Mount Airy MD	48:39
83	242	Michelle	Wentzel	54	5F50	Centreville VA	48:40
84	226	Meg	McGarry	45	5F40	Washington DC	48:43
85	223	Katie	Lobner	34	5F30	Baltimore MD	49:07
86	216	Lily	Frankenfield	10	5F19	Leesburg VA	49:35
87	398	Barbara	Scott	49	5F40	Leesburg VA	49:37
88	198	Elizabeth	Belleau	31	5F30	Silver Spring MD	50:34
88	230	Angela	Phillips	31	5F30	Clarksburg MD	50:34
90	217	Renee	Fye	47	5F40	Springfield VA	51:04
91	206	Hai	Chen	51	5F50	Elkridge MD	51:42
92	241	Amanda	Welch	37	5F30	Gaithersburg MD	51:47
93	297	Rebecca	Clark	41	5F40	Ijamsville MD	52:28
94	222	Tatiana	Laszczak	37	5F30	Germantown MD	52:29
95	199	Mary	Best	56	5F50	Mount Airy MD	1:00:44
96	290	Alan	Wycherley	74	5M60	Annapolis MD	1:05:39
97	215	Lesley	Ett	33	5F30	Springfield VA	1:15:12
97	262	Michael	Ett	32	5M30	Springfield VA	1:15:12
99	296	Erin	Huiting	23	5F20	Bethesda MD	1:17:37
	231	Victoria	Riese	36	5F30	Sykesville MD	dnf

10K Overall Results - BCB3 @ Little Bennett on 8/26/17 (actual distance = 10.6K)

Place	Bib#	First Name	Last Name	Age	Age Group	Hometown	Time
1	525	Nick	Fogel	27	10M20	Washington DC	41:58
2	567	James	Pearce	37	10M30	Rockville MD	42:32
3	500	Iain	Banks	39	10M30	Bowie MD	44:16
4	805	David	Storper	44	10M40	Bethesda MD	45:45
5	554	James	Mills	40	10M40	Frederick MD	46:10

6	509	Ryan	Bowen	31	10M30	Rockville MD	46:17
7	584	Marek	Sotola	30	10M30	Arlington VA	47:46
8	580	Kenneth	Shapiro	48	10M40	Frederick MD	48:06
9	596	Joseph	McMullin	31	10M30	Arlington VA	48:56
10	575	Christopher	Robinson	43	10M40	Arlington VA	49:01
11	510	Brendan	Boyle	39	10M30	Annapolis MD	49:24
12	542	Kenneth	Janosko	33	10M30	Rockville MD	49:39
13	592	Chris	White	30	10M30	Washington DC	50:51
14	503	Bill	Bernier	41	10M40	Springfield VA	51:19
15	508	Rob	Bowen	53	10M50	Oak Hill VA	52:05
16	519	Matt	Cassi	28	10M20	Washington DC	52:26
17	565	Robert	Parry	52	10M50	College Park MD	52:50
18	566	Cameron	Payne	36	10M30	Baltimore MD	53:09
19	579	Blue	Shapiro	15	10M19	Frederick MD	53:10
20	553	McKenzie	McLeod	35	10M30	Woodbridge VA	53:48
21	504	Cameron	Billinghurst	23	10M20	Arlington VA	53:51
22	434	Jennifer	Grimaudo	25	10F20	Frederick MD	53:52
23	536	Pete	Hayward	51	10M50	Vienna VA	54:00
24	545	Austin	Kreb	17	10M19	Aldie VA	54:14
25	448	Janel	Lobur	40	10F40	Frederick MD	54:17
26	541	Spencer	Hollis	43	10M40	Bethesda MD	54:19
27	551	Thomas	Matteini	42	10M40	Baltimore MD	54:24
28	812	Paul	Durbin	52	10M50	Washington DC	54:41
29	563	Brendan	O'Brien	44	10M40	Washington DC	54:59
30	600	Seth	McRoberts	17	10M19	Purcellville VA	55:24
31	587	Anders	Sundstrom	41	10M40	Clarksburg MD	55:54
32	526	Ryan	Foret	25	10M20	Takoma Park MD	55:55
33	548	Patrick	Lichy	38	10M30	Reston VA	56:09
34	574	John	Reed	45	10M40	Herndon VA	56:12
35	527	Jay	Frankenfield	47	10M40	Leesburg VA	56:53
36	540	John	Hodge	29	10M20	King George VA	57:01
37	505	Mark	Billinghurst	55	10M50	Arlington VA	57:32
38	429	Deborah	Gayle	39	10F30	Burtonsville MD	57:42
39	516	David	Burger	42	10M40	Vienna VA	57:56
40	534	Brandon	Guzzone	42	10M40	Rockville MD	58:25
41	453	Kathryn	Martin	36	10F30	Bethesda MD	58:28
42	809	Adam	Rasnussen	47	10M40	Arlington VA	58:40

43	421	Maggie	Dewane	29	10F20	Washington DC	58:44
44	589	Ryder	Warehall	42	10M40	Potomac MD	58:54
45	570	Justin	Pickett	34	10M30	Thurmont MD	58:55
46	517	Thomas	Burke	53	10M50	Vienna VA	59:17
47	573	Patrick	Rawson	41	10M40	Rockville MD	1:00:02
48	423	Jessica	Duran	34	10F30	Rockville MD	1:00:18
48	560	Josh	Nichols	32	10M30	Burke VA	1:00:18
50	487	Jennifer	Vogt	35	10F30	Arlington VA	1:00:21
51	595	David	Johnson	48	10M40	Bethesda MD	1:00:33
52	816	Mike	Roche	64	10M60	Millington MD	1:01:05
53	522	Ken	Dash	46	10M40	Bethesda MD	1:01:06
53	568	Joseph	Perez	36	10M30	Takoma Park MD	1:01:06
55	440	Cary	Joshi	42	10F40	Washington DC	1:01:21
56	537	Jason	Henderson	37	10M30	Fairfax VA	1:01:56
57	401	Monika	Bachmann	51	10F50	Upper Marlboro MD	1:02:16
58	585	Jay	Stanley	49	10M40	Arlington VA	1:02:23
59	514	Aaron	Brundage	43	10M40	Reston VA	1:02:35
60	556	David	Mitchell	46	10M40	Lovettsville VA	1:02:37
61	581	Kevyn	Silverman	38	10M30	Severn MD	1:02:48
62	430	Catherine	Gellatly	27	10F20	Washington DC	1:02:52
63	515	Glenn	Buchter	53	10M50	Alexandria VA	1:02:53
64	588	Ross	Wakeman	28	10M20	Washington DC	1:03:49
65	467	Gabrielle	Pritsker	27	10F20	Washington DC	1:03:55
66	506	Scott	Bindel	35	10M30	Burtonsville MD	1:04:05
67	511	Joseph	Brennan	25	10M20	Annapolis MD	1:04:09
68	577	Thomas	Ruder	49	10M40	Bethesda MD	1:04:56
69	471	Maggie	Roundy	25	10F20	Ijamsville MD	1:05:13
70	530	Jon	Gitter	56	10M50	Baltimore MD	1:06:09
71	497	Graham	Allaway	61	10M60	Darnestown MD	1:06:23
72	529	Simon	Gauthier	37	10M30	Ellicott City MD	1:06:25
73	599	William	McRoberts	56	10M50	Purcellville VA	1:06:37
74	807	Jody	Pratt	43	10F40	Washington DC	1:06:58
75	436	Denise	Hendrickson	51	10F50	Bethesda MD	1:07:10
76	564	Chris	Ohm	47	10M40	New Market MD	1:07:24
77	512	Vitali	Brovkine	50	10M50	Potomac MD	1:07:35
78	418	Tracy	Cooley	45	10F40	Arlington VA	1:07:37
79	593	Michael	Yapp	56	10M50	Miramar FL	1:07:52
80	502	Eric	Barnes	51	10M50	Fredericksburg VA	1:07:57

81	432	Kristin	Gould	40	10F40	Gaithersburg MD	1:08:00
81	810	Jorge	Lopez	57	10M50	Miami FL	1:08:00
83	597	Dustin	Aschenbach	31	10M30	Frederick MD	1:08:35
84	569	Andrew	Petitti	52	10M50	Alexandria VA	1:08:36
85	426	Kelley	Frank	25	10F20	Arlington VA	1:08:51
86	458	Rachel	Miller	32	10F30	Frederick MD	1:08:52
87	557	Steven	Mocarski	57	10M50	Bethesda MD	1:08:55
88	403	Dinny	Bedard	57	10F50	Frederick MD	1:08:56
89	460	Rebecca	Mills	37	10F30	Frederick MD	1:08:57
90	486	Tiana	Unterberger	29	10F20	Fort Meade MD	1:09:08
91	425	Amy	Fisher	44	10F40	Erie PA	1:09:12
92	533	Ryan	Gram	25	10M20	Arlington VA	1:09:17
93	420	Stephanie	Devlin-Gill	38	10F30	Bethesda MD	1:09:28
94	492	Amy	White	43	10F40	Germantown MD	1:10:11
95	411	Mary	Byrne	51	10F50	Arlington VA	1:10:20
96	814	Kristy	Branstetter	45	10F40	Springfield VA	1:10:22
97	520	Charles	Chandler	35	10M30	Columbia MD	1:11:09
98	583	Kevin	Smoot	34	10M30	Clarksburg MD	1:11:12
99	407	Ksenia	Boitsova	46	10F40	Silver Spring MD	1:11:17
100	456	Kerry	McHugh	29	10F20	Frederick MD	1:11:20
101	594	Jeremy	Zehr	35	10M30	Derwood MD	1:11:27
102	447	Amanda	Lichy	39	10F30	Reston VA	1:11:40
103	455	Kris	McCallum	47	10F40	Arlington VA	1:12:16
104	406	Sarah	Boehm	25	10F20	Annapolis MD	1:12:25
105	808	Kelly	Bacon	39	10F30	Vienna VA	1:12:42
106	405	Jordan	Bialek	22	10F20	Alexandria VA	1:12:43
107	491	Gwyneth	Whieldon	33	10F30	Frederick MD	1:12:53
108	472	Natasha	Schuh-Nuhfer	37	10F30	Sterling VA	1:13:13
109	424	Rachel	Faulise	50	10F50	Arlington VA	1:13:34
110	404	Mary	Beverly	43	10F40	Frederick MD	1:14:09
111	422	Stacy	DiFranco	37	10F30	Hagerstown MD	1:14:11
112	552	John	McGlothlin	43	10M40	Rockville MD	1:14:51
113	531	Peter	Goff	36	10M30	Alexandria VA	1:15:45
114	451	Angela	Mariani	32	10F30	Silver Spring MD	1:15:57
115	544	Clayton	Kolb	38	10M30	Potomac MD	1:15:59
116	513	Ralph	Brown	38	10M30	Arlington VA	1:16:00
117	811	Ahed	McDaniel	56	10F50	Annapolis MD	1:16:17
118	813	Jen	Finnegan	46	10F40	Alexandria VA	1:16:34

119	437	Kathy	Hennes	64	10F60	Annapolis MD	1:16:39
120	415	Melissa	Chow	40	10F40	Washington DC	1:16:41
121	480	Wendy	Taylor	42	10F40	Gaithersburg MD	1:17:51
122	469	Elizabeth	Rodriguez	33	10F30	Silver Spring MD	1:17:52
123	535	Robert	Hall	39	10M30	Walkersville MD	1:18:01
124	412	Julie	Carr	51	10F50	Alexandria VA	1:18:14
125	549	Simon	Limage	40	10M40	Washington DC	1:18:17
126	806	Michael	Belinkie	41	10M40	Arlington VA	1:18:33
127	416	Jennifer	Coleman	46	10F40	Silver Spring MD	1:19:31
128	462	Amara Thiri	Myaing	38	10F30	Bethesda MD	1:19:46
129	454	Michelle	Martin	44	10F40	Clarksburg MD	1:20:29
130	464	Lauren	Nazelrod	33	10F30	Clarksburg MD	1:20:37
131	538	Nickolas	Hertges	28	10M20	New Market MD	1:21:11
132	518	Mike	Carey	61	10M60	Spencerville MD	1:22:01
133	465	Diane	Pancoska	45	10F40	Silver Spring MD	1:22:19
134	547	Fredric	Leffler	62	10M60	Columbia MD	1:22:39
135	598	Daniel	Flavin	51	10M50	Herndon VA	1:22:47
136	482	Elizabeth	Thomas	45	10F40	Clarksburg MD	1:23:00
137	481	Carla	Thomas	46	10F40	Fort Meade MD	1:23:02
138	408	Stephanie	Bosh	38	10F30	Washington DC	1:23:06
138	409	Janis	Bowdler	38	10F30	Takoma Park MD	1:23:06
140	431	Jessica	Gorom	34	10F30	Clarksburg MD	1:23:42
140	435	Caryn	Healander	49	10F40	Clarksburg MD	1:23:42
142	495	Taro	Adachi	54	10M50	Baltimore MD	1:23:55
143	572	Peter	Radue	63	10M60	Mount Airy MD	1:24:08
144	466	Sarah	Pickett	31	10F30	Thurmont MD	1:24:49
145	507	Robbie	Blaylock	40	10M40	New Market MD	1:25:41
146	443	Melissa	Klembara	38	10F30	Washington DC	1:28:10
147	539	Spencer	Hines	66	10M60	Germantown MD	1:28:20
148	470	Megan	Roessing	40	10F40	Arlington VA	1:29:10
149	478	Jamie	Supinger	30	10F30	Springfield VA	1:30:29
150	815	Ross	Branstetter	37	10M30	Silver Spring MD	1:31:53
151	543	Brian	Kaigler	48	10M40	Urbana MD	1:33:41
152	446	Randi	Levy	50	10F50	Germantown MD	1:37:41
152	489	Heather	Watkins	40	10F40	College Park MD	1:37:41
154	457	Kathleen	McMackin	62	10F60	Millersville MD	1:37:50
155	524	Jason	Fisher	43	10M40	Erie PA	1:40:53

156	468	Tara	Reed	34	10F30	Waldorf MD	1:57:43
157	452	Jocelyn	Martin	36	10F30	Annapolis MD	1:57:47
	417	Alexis	Collins	43	10F40	Silver Spring MD	dnf