

## Hemlock Half Marathon/10K Trail Run 2017

### Results by Age Group

10K F 19-U						
Place	Bib #	First Name	Last Name	Age	Hometown	Time
1	13	Alyssa	Dangel	7	Crofton MD	1:29:02
1	14	Katherine	Dangel	7	Crofton MD	1:29:02
10K F 20-29						
Place	Bib #	First Name	Last Name	Age	Hometown	Time
1	127	Kellie	Darmody	26	Alexandria VA	1:02:01
2	32	Elizabeth	Kennedy	23	Washington DC	1:06:23
3	2	Julie	Andrie	28	Fairfax VA	1:07:08
4	31	Adina	Kauzlarich	28	Washington DC	1:09:23
5	53	Mary Shea	Rogers	25	Sterling VA	1:09:30
6	4	Elizabeth	Armitage	26	Vienna VA	1:11:37
7	19	Camila	Escobar	27	Washington DC	1:12:08
8	59	Tiana	Unterberger	29	Fort Meade MD	1:12:28
9	12	Margot	Cumming	23	Reston VA	1:12:58
10	52	Carli	Rogers	26	Sterling VA	1:21:00
11	22	Stephanie	Fowler	25	Manassas VA	1:21:29
12	10	Karen	Chen	22	Washington DC	1:27:36
10K F 30-39						
Place	Bib #	First Name	Last Name	Age	Hometown	Time
1	60	Melissa	Waage	38	Silver Spring MD	0:56:43
2	9	Leah	Butler	33	Washington DC	0:58:31
3	25	Kenery	Gallagher	33	Washington DC	0:58:40
4	144	Kim	Waltrick	36	Washington DC	1:00:27
5	29	Shelby	Houser	32	Silver Spring MD	1:00:34
6	62	April	Williamson	32	Washington DC	1:01:42
7	50	Nicki	Post	36	Alexandria VA	1:02:53
8	47	Karen	Petersen	33	Washington DC	1:02:56
9	61	Eli	White	36	Montclair NJ	1:05:30
10	128	Megan	Molloy	39	Arlington VA	1:07:14
11	36	Kendra	LaFauci	32	Annapolis MD	1:08:11
12	58	Ellen	Treimel	35	Hyattsville MD	1:09:25

13	54	Caterina	Rovati	35	Washington DC	1:09:52
14	21	Joanna	Fisher	30	Washington DC	1:10:04
15	5	Emily	Armitage	33	Vienna VA	1:11:37
16	16	Stephanie	Devlin-Gill	39	Bethesda MD	1:12:24
17	138	Kelly	Bacon	39	Vienna VA	1:13:29
18	28	Kerin	Hamel	34	Herndon VA	1:14:27
19	45	Jill	Morrison	39	Fairfax Station VA	1:14:47
20	49	Michelle	Poncetta	35	Washington DC	1:14:56
21	27	Naomi	Gunter	36	Silver Spring MD	1:15:32
22	38	Lindsey	Larson	32	Washington DC	1:15:55
23	41	Jennifer	Long	35	Springfield VA	1:16:09
24	7	Lori	Bowlin	39	Vienna VA	1:18:19
25	143	Leigh	Whelpton	30	Washington DC	1:20:24
26	20	Caitlin	Feehan	33	Washington DC	1:20:42
27	55	Meredith	Shaw	31	Arlington VA	1:22:19
28	37	Lauren	Laitin	39	Washington DC	1:23:15
29	48	Susan	Pheiffer	34	Washington DC	1:24:28
30	35	Kathryn	Kullberg	36	Silver Spring MD	1:26:01
31	30	Myriah	Jordan	37	Arlington VA	1:26:35
32	6	Jennifer	Bevan-Dangel	37	Crofton MD	1:29:03
33	3	Wendy	Antal	37	Beaeton VA	1:29:45

**10K F 40-49**

<b>Place</b>	<b>Bib #</b>	<b>First Name</b>	<b>Last Name</b>	<b>Age</b>	<b>Hometown</b>	<b>Time</b>
1	140	Elisa	Gibson	42	Arlington VA	1:03:42
2	131	Karna	Hyman	45	Stafford VA	1:07:25
3	56	Melanie	Stehmer-Townsend	44	Bethesda MD	1:08:29
4	63	Jennifer	Yang	41	Falls Church VA	1:09:09
5	129	Jennifer	Nash	43	Oceanside CA	1:11:18
6	15	Christine	Davis	41	Sterling VA	1:11:49
7	51	Kathleen	Pugh	48	Washington DC	1:12:26
8	43	Ruth	Miller	43	Burke VA	1:12:59
9	42	Mary	MacDonald	49	Alexandria VA	1:14:54
10	46	Amanda	Perschau	42	Fairfax Station VA	1:19:59
11	34	Jessica	Kramer	44	Washington DC	1:21:18
12	139	Alexis	Collins	44	Silver Spring MD	1:23:17
13	33	Leslie	Kobus	44	Alexandria VA	1:27:21
14	18	Erika	Elam	44	Middletown MD	1:28:00

15	57	Nicole	Treeman	41	Arnold MD	1:30:23
16	135	Mary	Cummins	44	Fairfax VA	1:36:04
17	26	Paula	Gimenez	49	Bethesda MD	1:43:00

### 10K F 50-59

Place	Bib #	First Name	Last Name	Age	Hometown	Time
1	141	Kellie	Mastrodonato	54	Arlington VA	1:04:11
2	11	Julia	Cobb	53	Washington DC	1:06:02
3	145	Gay	Introcaso	53	Alexandria VA	1:09:29
4	17	Kathleen	Edic	54	Washington DC	1:12:46
5	40	Rebecca	Leggieri	50	Manassas VA	1:15:49
6	1	Mary	Anderson	53	Bowie MD	1:24:27
7	24	Karen	Gahart	51	Alexandria VA	1:32:49
8	23	Diana	Freiberg	52	Fairfax Station VA	1:34:50

### 10K M 19-U

Place	Bib #	First Name	Last Name	Age	Hometown	Time
1	117	Ryan	Singman	17	Clifton VA	0:54:21

### 10K M 20-29

Place	Bib #	First Name	Last Name	Age	Hometown	Time
1	71	Cameron	Billinghurst	23	Arlington VA	0:52:36
2	70	Kristopher	Benton	29	Alexandria VA	0:54:32
3	65	Ryan	Anderson	25	Fairfax VA	1:01:47
4	133	Jon	Faubell	27	Arlington VA	1:02:59
5	125	David	Weinberg	23	Clifton VA	1:21:22
6	134	Krishnan	Sethumadhavan	22	Washington DC	1:27:34

### 10K M 30-39

Place	Bib #	First Name	Last Name	Age	Hometown	Time
1	67	Luke	Bauer	34	Harpers Ferry WV	0:48:17
2	77	Joshua	Dailey	36	Fairfax VA	0:50:42
3	97	Patrick	Lichy	39	Reston VA	0:55:22
4	83	Gerard	Hamel	38	Herndon VA	0:56:31
5	107	Neal	Peckens	37	Herndon VA	0:58:19
6	98	Zhen	Liu	35	Marshall VA	0:59:02
7	116	Kevyn	Silverman	38	Severn MD	0:59:03
8	126	Paul	Winters	30	Washington DC	1:01:31

9	102	George	Manson	35	Alexandria VA	1:01:52
10	104	Joseph	Minta	33	Alexandria VA	1:09:49
11	121	Kyle	Strand	36	Washington DC	1:10:00
12	95	Will	Lafley	39	Alexandria VA	1:10:06
13	78	Charles	Dominick	34	Chantilly VA	1:10:36
14	118	Daniel	Smelcer	36	Arlington VA	1:14:45
15	91	Kevin	Karg	37	Burke VA	1:14:47
16	103	Christopher	Mims	38	Baltimore MD	1:28:12

**10K M 40-49**

<b>Place</b>	<b>Bib #</b>	<b>First Name</b>	<b>Last Name</b>	<b>Age</b>	<b>Hometown</b>	<b>Time</b>
1	80	Tony	Fujs	40	Washington DC	0:52:56
2	82	Jeff	Gunter	48	Silver Spring MD	0:53:08
3	136	Mike	Carola	46	Fairfax VA	0:55:13
4	86	Brent	Hill	47	Alexandria VA	0:55:37
5	64	Stephen	Ahern	46	Alexandria VA	0:55:42
6	120	Mike	Staconis	43	Arlington VA	0:57:49
7	96	Marc	Laitin	43	Washington DC	0:58:34
8	130	David	Hyman	44	Stafford VA	1:00:21
9	84	Phillip	Harshbarger	44	Bethesda MD	1:00:40
10	74	Aaron	Brundage	43	Reston VA	1:04:11
11	76	Steven	Chernoff	48	Vienna VA	1:04:38
12	93	Travis	Koberg	44	Fairfax Station VA	1:05:43
13	122	Ernest	Vardaman III	45	Manassas VA	1:07:10
14	68	Jefferson	Beck	47	Washington DC	1:07:35
15	111	Matthew	Reeves	47	Washington DC	1:09:01
16	123	Kevin	Vioral	47	Falmouth VA	1:11:22
17	100	Neil	Lydic	43	Centreville VA	1:11:28
18	142	Sunjay	Nair	47	Alexandria VA	1:12:06
19	94	Ron	Kobus	42	Alexandria VA	1:12:36
20	99	Mike	Long	41	Sterling VA	1:14:16
21	69	Michael	Belinkie	41	Arlington VA	1:15:09
22	85	Paul	Heinold	48	Alexandria VA	1:15:20
23	110	David	Ravetti	48	Springfield VA	1:27:01
24	119	David	Smith	44	Knoxville MD	1:28:00
25	81	Omar	Gill	48	Burke VA	1:28:11

**10K M 50-59**

Place	Bib #	First Name	Last Name	Age	Hometown	Time
1	109	Steve	Ramsdell	51	Burke VA	0:56:32
2	72	Mark	Billinghurst	56	Arlington VA	0:57:46
3	88	Chris	Hunter	52	McLean VA	0:58:16
4	75	Glenn	Buchter	53	Alexandria VA	1:01:08
5	66	Joey	Baird	58	Falls Church VA	1:03:17
6	90	John	Jorgensen	52	Frederick MD	1:04:22
7	105	Ron	Oberhelman	52	Manassas VA	1:09:11
8	124	John	Weckel	50	Arlington VA	1:12:30
9	89	Matthew	Jones	56	Fairfax Station VA	1:16:25

**10K M 60+**

Place	Bib #	First Name	Last Name	Age	Hometown	Time
1	137	Ronald	Bardach	60	Vienna VA	1:13:12
2	132	Joe	Baldwin	62	Colorado Springs CO	1:14:54
3	114	Henry	Schramm	64	Alexandria VA	1:57:25

**Half F 20-29**

Place	Bib #	First Name	Last Name	Age	Hometown	Time
1	219	Rebecca	Horin	28	Eldora NJ	2:03:29
2	212	Sarah Elizabeth	Edwards	29	Falls Church VA	2:04:13
3	227	Anna	Lawrence	20	Annapolis MD	2:11:34
4	214	Catherine	Gellatly	27	Washington DC	2:19:28
5	237	Kelsey	Semrod	27	Washington DC	2:24:42
6	239	Kasia	Valentino	27	Alexandria VA	2:31:58
7	205	Claire	Branstetter	22	Derby KS	2:53:27
8	203	Laura	Bappert	28	Washington DC	3:24:56

**Half F 30-39**

Place	Bib #	First Name	Last Name	Age	Hometown	Time
1	222	Alison	Knight	33	Bethesda MD	1:56:03
2	215	Molly	Giammarco	34	Washington DC	1:58:59
3	223	Marissa	Knodel	30	Washington DC	1:59:54
4	209	Shannon	Clancy	32	Alexandria VA	2:09:41
5	241	Jessica	Zimmer	33	Alexandria VA	2:24:31
6	240	Monica	Williams	37	Arlington VA	2:31:26
7	228	Amanda	Lichy	39	Reston VA	2:44:39

8	232	Jennifer	Oliva	32	Manassas VA	2:56:34
<b>Half F 40-49</b>						
<b>Place</b>	<b>Bib #</b>	<b>First Name</b>	<b>Last Name</b>	<b>Age</b>	<b>Hometown</b>	<b>Time</b>
1	202	Karen	Ashbrook-Barnes	47	Vienna VA	2:18:33
2	217	Sara	Goode	41	Richmond VA	2:21:41
3	234	Michelle	Reday	45	Fairfax VA	2:29:21
4	206	Kristy	Branstetter	45	Springfield VA	2:33:42
5	233	Trish	Peva	48	Washington DC	2:35:22
6	238	Monica	Slade	46	Chantilly VA	2:42:17
7	298	Jodi	Morton	48	Ashburn VA	2:59:33
8	208	Cara	Cicero	42	Alexandria VA	3:15:12
8	225	Kathleen	Kretzer	42	Alexandria VA	3:15:12
<b>Half F 50-59</b>						
<b>Place</b>	<b>Bib #</b>	<b>First Name</b>	<b>Last Name</b>	<b>Age</b>	<b>Hometown</b>	<b>Time</b>
1	235	Eliza	Savage	53	Alexandria VA	2:28:12
2	218	Kathy	Harju	57	Haymarket VA	3:11:26
<b>Half M 19-U</b>						
<b>Place</b>	<b>Bib #</b>	<b>First Name</b>	<b>Last Name</b>	<b>Age</b>	<b>Hometown</b>	<b>Time</b>
1	297	Harlan	Earhart	16	Fairfax Station VA	2:08:13
<b>Half M 20-29</b>						
<b>Place</b>	<b>Bib #</b>	<b>First Name</b>	<b>Last Name</b>	<b>Age</b>	<b>Hometown</b>	<b>Time</b>
1	282	Will	Mitchell	27	Washington DC	1:46:11
2	272	Tim	Jenks	26	Arlington VA	2:08:48
3	264	Julio	Henriquez	23	Arlington VA	2:28:05
4	267	Scott	Hoffman	29	Arlington VA	2:44:05
<b>Half M 30-39</b>						
<b>Place</b>	<b>Bib #</b>	<b>First Name</b>	<b>Last Name</b>	<b>Age</b>	<b>Hometown</b>	<b>Time</b>
1	293	Ryan	Welborn	39	Annandale VA	1:37:03
2	250	Steve	Claremon	33	Alexandria VA	1:45:16
3	287	Ryan	Smith	32	Washington DC	1:47:46
4	245	Trigg	Bowlin	39	Vienna VA	1:52:14
5	286	Eric	Roby	38	Washington DC	1:52:39
6	255	Ronald	Esquivel	30	Arlington VA	1:59:17

7	242	Luke	Alexander	36	Sterling VA	1:59:20
8	292	Nick	Valentino	30	Alexandria VA	1:59:25
9	262	Andrew	Gray	34	Arlington VA	2:03:13
10	249	Seth	Bushinsky	33	Plainsboro NJ	2:08:32
11	285	Emron	Pratt	39	Washington DC	2:08:36
12	256	Scott	Fabian	33	Stafford VA	2:09:29
13	288	David	Stoner	34	Alexandria VA	2:14:49
14	284	Joseph	Perez	37	Takoma Park MD	2:17:45
15	248	Joshua	Bushinsky	36	Washington DC	2:18:09
16	291	Stephen	Szurgyi	35	Fairfax VA	2:21:04
17	299	Sean	Rinn	39	Silver Spring MD	2:21:56
18	243	Gary	Benedict	36	Sterling VA	2:32:29
19	269	Jeremy	Ison	35	Washington DC	2:33:11
20	252	Brendan	Connor	31	Washington DC	2:36:48
21	261	Peter	Goff	36	Alexandria VA	2:46:42
22	246	Ross	Branstetter	37	Silver Spring MD	2:55:54
23	280	Eric	Meyer	31	Fairfax VA	3:37:57

#### Half M 40-49

Place	Bib #	First Name	Last Name	Age	Hometown	Time
1	254	Todd	Dyer	41	Burke VA	1:50:45
2	259	Matthew	Ford	41	Washington DC	1:53:39
3	273	Ryan	Kaye	40	Richmond VA	2:10:54
4	270	Jason	Ivarone	48	Chantilly VA	2:14:14
5	290	Andrey	Sychev	41	Philadelphia PA	2:26:10
6	258	Sean	Flanagan	43	Arlington VA	2:31:00
7	257	Justin	Ferguson	41	Springfield VA	2:31:53
8	295	Mark	Foster	47	Fairfax VA	2:43:07
9	253	J	Dee	45	Annandale VA	2:43:13

#### Half M 50-59

Place	Bib #	First Name	Last Name	Age	Hometown	Time
1	289	Patrick	Sullivan	51	Vienna VA	2:01:27
2	251	Andrew	Cockley	50	Westminster MD	2:12:53
3	268	Michael	Huff	50	Fairfax VA	2:19:58
4	247	William	Burdett	52	Ft Belvoir VA	2:21:57
5	260	David	Givens	57	Bethesda MD	2:23:48

6	294	Jonathan	Whittle	50	Oakton VA	2:24:00
7	263	Eric	Hein	55	Fairfax VA	2:43:21
<b>Half M 60+</b>						
<b>Place</b>	<b>Bib #</b>	<b>First Name</b>	<b>Last Name</b>	<b>Age</b>	<b>Hometown</b>	<b>Time</b>
1	296	Bruce	Halpin	61	Ashburn VA	1:56:06