

## Hemlock Half Marathon/10K Trail Run 2017 Overall Results

10K - Overall Results - Hemlock Half Marathon/10K on 10/1/17 (6.2 miles actual)							
Place	Bib #	First Name	Last Name	Age	Age Group	Hometown	Time
1	67	Luke	Bauer	34	10M30	Harpers Ferry WV	0:48:17
2	77	Joshua	Dailey	36	10M30	Fairfax VA	0:50:42
3	71	Cameron	Billinghurst	23	10M20	Arlington VA	0:52:36
4	80	Tony	Fujs	40	10M40	Washington DC	0:52:56
5	82	Jeff	Gunter	48	10M40	Silver Spring MD	0:53:08
6	117	Ryan	Singman	17	10M19	Clifton VA	0:54:21
7	70	Kristopher	Benton	29	10M20	Alexandria VA	0:54:32
8	136	Mike	Carola	46	10M40	Fairfax VA	0:55:13
9	97	Patrick	Lichy	39	10M30	Reston VA	0:55:22
10	86	Brent	Hill	47	10M40	Alexandria VA	0:55:37
11	64	Stephen	Ahern	46	10M40	Alexandria VA	0:55:42
12	83	Gerard	Hamel	38	10M30	Herndon VA	0:56:31
13	109	Steve	Ramsdell	51	10M50	Burke VA	0:56:32
14	60	Melissa	Waage	38	10F30	Silver Spring MD	0:56:43
15	72	Mark	Billinghurst	56	10M50	Arlington VA	0:57:46
16	120	Mike	Staconis	43	10M40	Arlington VA	0:57:49
17	88	Chris	Hunter	52	10M50	McLean VA	0:58:16
18	107	Neal	Peckens	37	10M30	Herndon VA	0:58:19
19	9	Leah	Butler	33	10F30	Washington DC	0:58:31
20	96	Marc	Laitin	43	10M40	Washington DC	0:58:34
21	25	Kenery	Gallagher	33	10F30	Washington DC	0:58:40
22	98	Zhen	Liu	35	10M30	Marshall VA	0:59:02
23	116	Kevyn	Silverman	38	10M30	Severn MD	0:59:03
24	130	David	Hyman	44	10M40	Stafford VA	1:00:21
25	144	Kim	Waltrick	36	10F30	Washington DC	1:00:27
26	29	Shelby	Houser	32	10F30	Silver Spring MD	1:00:34
27	84	Phillip	Harshbarger	44	10M40	Bethesda MD	1:00:40
28	75	Glenn	Buchter	53	10M50	Alexandria VA	1:01:08
29	126	Paul	Winters	30	10M30	Washington DC	1:01:31
30	62	April	Williamson	32	10F30	Washington DC	1:01:42
31	65	Ryan	Anderson	25	10M20	Fairfax VA	1:01:47
32	102	George	Manson	35	10M30	Alexandria VA	1:01:52
33	127	Kellie	Darmody	26	10F20	Alexandria VA	1:02:01
34	50	Nicki	Post	36	10F30	Alexandria VA	1:02:53
35	47	Karen	Petersen	33	10F30	Washington DC	1:02:56
36	133	Jon	Faubell	27	10M20	Arlington VA	1:02:59

37	66	Joey	Baird	58	10M50	Falls Church VA	1:03:17
38	140	Elisa	Gibson	42	10F40	Arlington VA	1:03:42
39	74	Aaron	Brundage	43	10M40	Reston VA	1:04:11
39	141	Kellie	Mastrodonato	54	10F50	Arlington VA	1:04:11
41	90	John	Jorgensen	52	10M50	Frederick MD	1:04:22
42	76	Steven	Chernoff	48	10M40	Vienna VA	1:04:38
43	61	Eli	White	36	10F30	Montclair NJ	1:05:30
44	93	Travis	Koberg	44	10M40	Fairfax Station VA	1:05:43
45	11	Julia	Cobb	53	10F50	Washington DC	1:06:02
46	32	Elizabeth	Kennedy	23	10F20	Washington DC	1:06:23
47	2	Julie	Andrie	28	10F20	Fairfax VA	1:07:08
48	122	Ernest	Vardaman III	45	10M40	Manassas VA	1:07:10
49	128	Megan	Molloy	39	10F30	Arlington VA	1:07:14
50	131	Karna	Hyman	45	10F40	Stafford VA	1:07:25
51	68	Jefferson	Beck	47	10M40	Washington DC	1:07:35
52	36	Kendra	LaFauci	32	10F30	Annapolis MD	1:08:11
53	56	Melanie	Stehmer-Townsend	44	10F40	Bethesda MD	1:08:29
54	111	Matthew	Reeves	47	10M40	Washington DC	1:09:01
55	63	Jennifer	Yang	41	10F40	Falls Church VA	1:09:09
56	105	Ron	Oberhelman	52	10M50	Manassas VA	1:09:11
57	31	Adina	Kauzlarich	28	10F20	Washington DC	1:09:23
58	58	Ellen	Treimel	35	10F30	Hyattsville MD	1:09:25
59	145	Gay	Introcaso	53	10F50	Alexandria VA	1:09:29
60	53	Mary Shea	Rogers	25	10F20	Sterling VA	1:09:30
61	104	Joseph	Minta	33	10M30	Alexandria VA	1:09:49
62	54	Caterina	Rovati	35	10F30	Washington DC	1:09:52
63	121	Kyle	Strand	36	10M30	Washington DC	1:10:00
64	21	Joanna	Fisher	30	10F30	Washington DC	1:10:04
65	95	Will	Lafley	39	10M30	Alexandria VA	1:10:06
66	78	Charles	Dominick	34	10M30	Chantilly VA	1:10:36
67	129	Jennifer	Nash	43	10F40	Oceanside CA	1:11:18
68	123	Kevin	Vioral	47	10M40	Falmouth VA	1:11:22
69	100	Neil	Lydic	43	10M40	Centreville VA	1:11:28
70	4	Elizabeth	Armitage	26	10F20	Vienna VA	1:11:37
70	5	Emily	Armitage	33	10F30	Vienna VA	1:11:37
72	15	Christine	Davis	41	10F40	Sterling VA	1:11:49
73	142	Sunjay	Nair	47	10M40	Alexandria VA	1:12:06
74	19	Camila	Escobar	27	10F20	Washington DC	1:12:08
75	16	Stephanie	Devlin-Gill	39	10F30	Bethesda MD	1:12:24
76	51	Kathleen	Pugh	48	10F40	Washington DC	1:12:26
77	59	Tiana	Unterberger	29	10F20	Fort Meade MD	1:12:28

78	124	John	Weckel	50	10M50	Arlington VA	1:12:30
79	94	Ron	Kobus	42	10M40	Alexandria VA	1:12:36
80	17	Kathleen	Edic	54	10F50	Washington DC	1:12:46
81	12	Margot	Cumming	23	10F20	Reston VA	1:12:58
82	43	Ruth	Miller	43	10F40	Burke VA	1:12:59
83	137	Ronald	Bardach	60	10M60	Vienna VA	1:13:12
84	138	Kelly	Bacon	39	10F30	Vienna VA	1:13:29
85	99	Mike	Long	41	10M40	Sterling VA	1:14:16
86	28	Kerin	Hamel	34	10F30	Herndon VA	1:14:27
87	118	Daniel	Smelcer	36	10M30	Arlington VA	1:14:45
88	45	Jill	Morrison	39	10F30	Fairfax Station VA	1:14:47
88	91	Kevin	Karg	37	10M30	Burke VA	1:14:47
90	42	Mary	MacDonald	49	10F40	Alexandria VA	1:14:54
90	132	Joe	Baldwin	62	10M60	Colorado Springs CO	1:14:54
92	49	Michelle	Poncetta	35	10F30	Washington DC	1:14:56
93	69	Michael	Belinkie	41	10M40	Arlington VA	1:15:09
94	85	Paul	Heinold	48	10M40	Alexandria VA	1:15:20
95	27	Naomi	Gunter	36	10F30	Silver Spring MD	1:15:32
96	40	Rebecca	Leggieri	50	10F50	Manassas VA	1:15:49
97	38	Lindsey	Larson	32	10F30	Washington DC	1:15:55
98	41	Jennifer	Long	35	10F30	Springfield VA	1:16:09
99	89	Matthew	Jones	56	10M50	Fairfax Station VA	1:16:25
100	7	Lori	Bowlin	39	10F30	Vienna VA	1:18:19
101	46	Amanda	Perschau	42	10F40	Fairfax Station VA	1:19:59
102	143	Leigh	Whelpton	30	10F30	Washington DC	1:20:24
103	20	Caitlin	Feehan	33	10F30	Washington DC	1:20:42
104	52	Carli	Rogers	26	10F20	Sterling VA	1:21:00
105	34	Jessica	Kramer	44	10F40	Washington DC	1:21:18
106	125	David	Weinberg	23	10M20	Clifton VA	1:21:22
107	22	Stephanie	Fowler	25	10F20	Manassas VA	1:21:29
108	55	Meredith	Shaw	31	10F30	Arlington VA	1:22:19
109	37	Lauren	Laitin	39	10F30	Washington DC	1:23:15
110	139	Alexis	Collins	44	10F40	Silver Spring MD	1:23:17
111	1	Mary	Anderson	53	10F50	Bowie MD	1:24:27
112	48	Susan	Pheiffer	34	10F30	Washington DC	1:24:28
113	35	Kathryn	Kullberg	36	10F30	Silver Spring MD	1:26:01
114	30	Myriah	Jordan	37	10F30	Arlington VA	1:26:35
115	110	David	Ravetti	48	10M40	Springfield VA	1:27:01
116	33	Leslie	Kobus	44	10F40	Alexandria VA	1:27:21
117	134	Krishnan	Sethumadhavan	22	10M20	Washington DC	1:27:34
118	10	Karen	Chen	22	10F20	Washington DC	1:27:36

119	18	Erika	Elam	44	10F40	Middletown MD	1:28:00
119	119	David	Smith	44	10M40	Knoxville MD	1:28:00
121	81	Omar	Gill	48	10M40	Burke VA	1:28:11
122	103	Christopher	Mims	38	10M30	Baltimore MD	1:28:12
123	13	Alyssa	Dangel	7	10F19	Crofton MD	1:29:02
123	14	Katherine	Dangel	7	10F19	Crofton MD	1:29:02
125	6	Jennifer	Bevan-Dangel	37	10F30	Crofton MD	1:29:03
126	3	Wendy	Antal	37	10F30	Bealeton VA	1:29:45
127	57	Nicole	Treeman	41	10F40	Arnold MD	1:30:23
128	24	Karen	Gahart	51	10F50	Alexandria VA	1:32:49
129	23	Diana	Freiberg	52	10F50	Fairfax Station VA	1:34:50
130	135	Mary	Cummins	44	10F40	Fairfax VA	1:36:04
131	26	Paula	Gimenez	49	10F40	Bethesda MD	1:43:00
132	114	Henry	Schramm	64	10M60	Alexandria VA	1:57:25

### Half Marathon - Overall Results - Hemlock Half Marathon/10K on 10/1/17 (13.0 miles actual)

Place	Bib #	First Name	Last Name	Age	Age Group	Hometown	Time
1	293	Ryan	Welborn	39	HMM30	Annandale VA	1:37:03
2	250	Steve	Claremon	33	HMM30	Alexandria VA	1:45:16
3	282	Will	Mitchell	27	HMM20	Washington DC	1:46:11
4	287	Ryan	Smith	32	HMM30	Washington DC	1:47:46
5	254	Todd	Dyer	41	HMM40	Burke VA	1:50:45
6	245	Trigg	Bowlin	39	HMM30	Vienna VA	1:52:14
7	286	Eric	Roby	38	HMM30	Washington DC	1:52:39
8	259	Matthew	Ford	41	HMM40	Washington DC	1:53:39
9	222	Alison	Knight	33	HMF30	Bethesda MD	1:56:03
10	296	Bruce	Halpin	61	HMM60	Ashburn VA	1:56:06
11	215	Molly	Giammarco	34	HMF30	Washington DC	1:58:59
12	255	Ronald	Esquivel	30	HMM30	Arlington VA	1:59:17
13	242	Luke	Alexander	36	HMM30	Sterling VA	1:59:20
14	292	Nick	Valentino	30	HMM30	Alexandria VA	1:59:25
15	223	Marissa	Knodel	30	HMF30	Washington DC	1:59:54
16	289	Patrick	Sullivan	51	HMM50	Vienna VA	2:01:27
17	262	Andrew	Gray	34	HMM30	Arlington VA	2:03:13
18	219	Rebecca	Horin	28	HMF20	Eldora NJ	2:03:29
19	212	Sarah Elizabeth	Edwards	29	HMF20	Falls Church VA	2:04:13
20	297	Harlan	Earhart	16	HMM19	Fairfax Station VA	2:08:13
21	249	Seth	Bushinsky	33	HMM30	Plainsboro NJ	2:08:32
22	285	Emron	Pratt	39	HMM30	Washington DC	2:08:36
23	272	Tim	Jenks	26	HMM20	Arlington VA	2:08:48
24	256	Scott	Fabian	33	HMM30	Stafford VA	2:09:29

25	209	Shannon	Clancy	32	HMF30	Alexandria VA	2:09:41
26	273	Ryan	Kaye	40	HMM40	Richmond VA	2:10:54
27	227	Anna	Lawrence	20	HMF20	Annapolis MD	2:11:34
28	251	Andrew	Cockley	50	HMM50	Westminster MD	2:12:53
29	270	Jason	Ivarone	48	HMM40	Chantilly VA	2:14:14
30	288	David	Stoner	34	HMM30	Alexandria VA	2:14:49
31	284	Joseph	Perez	37	HMM30	Takoma Park MD	2:17:45
32	248	Joshua	Bushinsky	36	HMM30	Washington DC	2:18:09
33	202	Karen	Ashbrook-Barnes	47	HMF40	Vienna VA	2:18:33
34	214	Catherine	Gellatly	27	HMF20	Washington DC	2:19:28
35	268	Michael	Huff	50	HMM50	Fairfax VA	2:19:58
36	291	Stephen	Szurgyi	35	HMM30	Fairfax VA	2:21:04
37	217	Sara	Goode	41	HMF40	Richmond VA	2:21:41
38	299	Sean	Rinn	39	HMM30	Silver Spring MD	2:21:56
39	247	William	Burdett	52	HMM50	Ft Belvoir VA	2:21:57
40	260	David	Givens	57	HMM50	Bethesda MD	2:23:48
41	294	Jonathan	Whittle	50	HMM50	Oakton VA	2:24:00
42	241	Jessica	Zimmer	33	HMF30	Alexandria VA	2:24:31
43	237	Kelsey	Semrod	27	HMF20	Washington DC	2:24:42
44	290	Andrey	Sychev	41	HMM40	Philadelphia PA	2:26:10
45	264	Julio	Henriquez	23	HMM20	Arlington VA	2:28:05
46	235	Eliza	Savage	53	HMF50	Alexandria VA	2:28:12
47	234	Michelle	Reday	45	HMF40	Fairfax VA	2:29:21
48	258	Sean	Flanagan	43	HMM40	Arlington VA	2:31:00
49	240	Monica	Williams	37	HMF30	Arlington VA	2:31:26
50	257	Justin	Ferguson	41	HMM40	Springfield VA	2:31:53
51	239	Kasia	Valentino	27	HMF20	Alexandria VA	2:31:58
52	243	Gary	Benedict	36	HMM30	Sterling VA	2:32:29
53	269	Jeremy	Ison	35	HMM30	Washington DC	2:33:11
54	206	Kristy	Branstetter	45	HMF40	Springfield VA	2:33:42
55	233	Trish	Peva	48	HMF40	Washington DC	2:35:22
56	252	Brendan	Connor	31	HMM30	Washington DC	2:36:48
57	238	Monica	Slade	46	HMF40	Chantilly VA	2:42:17
58	295	Mark	Foster	47	HMM40	Fairfax VA	2:43:07
59	253	J	Dee	45	HMM40	Annandale VA	2:43:13
60	263	Eric	Hein	55	HMM50	Fairfax VA	2:43:21
61	267	Scott	Hoffman	29	HMM20	Arlington VA	2:44:05
62	228	Amanda	Lichy	39	HMF30	Reston VA	2:44:39
63	261	Peter	Goff	36	HMM30	Alexandria VA	2:46:42
64	205	Claire	Branstetter	22	HMF20	Derby KS	2:53:27
65	246	Ross	Branstetter	37	HMM30	Silver Spring MD	2:55:54

66	232	Jennifer	Oliva	32	HMF30	Manassas VA	2:56:34
67	298	Jodi	Morton	48	HMF40	Ashburn VA	2:59:33
68	218	Kathy	Harju	57	HMF50	Haymarket VA	3:11:26
69	208	Cara	Cicero	42	HMF40	Alexandria VA	3:15:12
69	225	Kathleen	Kretzer	42	HMF40	Alexandria VA	3:15:12
71	203	Laura	Bappert	28	HMF20	Washington DC	3:24:56
72	280	Eric	Meyer	31	HMM30	Fairfax VA	3:37:57