

XTERRA EX2 Off-Road Triathlon 2017
Solo Results by Age Groups

Pl	Bib# Name	Age	Hometown	Time
Solo Tri - F 25-29 (3)				
		Swim	Bike	Run
1	89 Kate McDowell	27	Ellicott City MD	2:59:42
		24:37 (1)	1:59:15 (1)	2:59:42 (1)
		24:37 (1)	1:34:38 (2)	1:00:27 (2)
2	134 Americia Uber	27	Pittsburgh PA	3:11:36
		33:32 (3)	2:07:11 (2)	3:11:36 (2)
		33:32 (3)	1:33:39 (1)	1:04:25 (3)
3	15 Abby Bergakker	29	Richmond VA	3:27:26
		31:26 (2)	2:28:19 (3)	3:27:26 (3)
		31:26 (2)	1:56:53 (3)	59:07 (1)
Solo Tri - F 30-34 (8)				
		Swim	Bike	Run
1	50 Marta Gonzalez Freire	34	Baltimore MD	2:41:51
		22:26 (2)	1:47:42 (1)	2:41:51 (1)
		22:26 (2)	1:25:16 (1)	54:09 (3)
2	119 Charleen Secor	34	York PA	2:47:05
		23:27 (4)	1:53:53 (3)	2:47:05 (2)
		23:27 (4)	1:30:26 (3)	53:12 (2)
3	114 Helen Rodriguez	33	Kent OH	2:48:37
		22:41 (3)	1:51:31 (2)	2:48:37 (3)
		22:41 (3)	1:28:50 (2)	57:06 (4)
4	92 Dana Miller	34	Westminster MD	2:49:21
		26:21 (5)	1:57:39 (4)	2:49:21 (4)
		26:21 (5)	1:31:18 (4)	51:42 (1)
5	66 Meegan Kelly	33	Silver Spring MD	3:11:23
		26:48 (7)	2:08:11 (5)	3:11:23 (5)
		26:48 (7)	1:41:23 (5)	1:03:12 (6)
6	62 Marsha Jedlinski	32	Topping VA	3:15:35
		26:41 (6)	2:11:41 (6)	3:15:35 (6)
		26:41 (6)	1:45:00 (6)	1:03:54 (7)

7	38 Jeanie Denison		34 Baltimore MD		3:16:40
		19:55 (1)	2:17:25 (7)	3:16:40 (7)	
		19:55 (1)	1:57:30 (8)	59:15 (5)	
8	139 Ann Wiringa		33 Baltimore MD		3:22:54
		27:19 (8)	2:18:59 (8)	3:22:54 (8)	
		27:19 (8)	1:51:40 (7)	1:03:55 (8)	

Solo Tri - F 35-39 (6)

		Swim	Bike	Run	
1	36 Melissa Davies		36 Lemont PA		2:21:19
		19:21 (1)	1:37:48 (1)	2:21:19 (1)	
		19:21 (1)	1:18:27 (2)	43:31 (1)	
2	72 Florence Lamirand		39 Jeffersonton VA		2:32:33
		23:06 (2)	1:47:08 (3)	2:32:33 (2)	
		23:06 (2)	1:24:02 (3)	45:25 (2)	
3	71 Anna Laloe		39 Saratoga Springs NY		2:34:58
		24:40 (3)	1:41:55 (2)	2:34:58 (3)	
		24:40 (3)	1:17:15 (1)	53:03 (3)	
4	90 Becky Mcjonathan		36 Waynesboro PA		3:10:03
		35:36 (5)	1:59:57 (4)	3:10:03 (4)	
		35:36 (5)	1:24:21 (4)	1:10:06 (5)	
5	138 Jennifer White		37 Severna Park MD		3:18:30
		32:23 (4)	2:13:14 (6)	3:18:30 (5)	
		32:23 (4)	1:40:51 (6)	1:05:16 (4)	
6	23 Christina Buerkle		35 Pittsburgh PA		3:20:19
		36:53 (6)	2:05:49 (5)	3:20:19 (6)	
		36:53 (6)	1:28:56 (5)	1:14:30 (6)	

Solo Tri - F 40-44 (4)

		Swim	Bike	Run	
1	111 Jessica Rigelman		43 Annapolis MD		2:35:19
		24:39 (1)	1:46:43 (1)	2:35:19 (1)	
		24:39 (1)	1:22:04 (1)	48:36 (1)	
2	131 Lauris Trimble		41 Fort Knox KY		3:05:00
		27:12 (3)	1:59:59 (2)	3:05:00 (2)	
		27:12 (3)	1:32:47 (2)	1:05:01 (3)	
3	112 Colleen Roberson		40 Catonsville MD		3:19:47
		31:08 (4)	2:15:36 (3)	3:19:47 (3)	

		31:08 (4)	1:44:28 (3)	1:04:11 (2)	
4	19 Jennifer Boland		42 Arlington VA		3:36:40
		25:46 (2)	2:22:54 (4)	3:36:40 (4)	
		25:46 (2)	1:57:08 (4)	1:13:46 (4)	

Solo Tri - F 45-49 (4)

		Swim	Bike	Run	
1	80 Kate Lucas		49 Charlottesville VA		2:31:23
		22:47 (1)	1:42:10 (1)	2:31:23 (1)	
		22:47 (1)	1:19:23 (1)	49:13 (1)	
2	17 Jennifer Blandford		47 Elkridge MD		2:52:40
		31:37 (3)	1:58:55 (2)	2:52:40 (2)	
		31:37 (3)	1:27:18 (2)	53:45 (2)	
3	59 Catherine Hovis		48 Falls Church VA		3:10:33
		29:52 (2)	2:06:50 (3)	3:10:33 (3)	
		29:52 (2)	1:36:58 (3)	1:03:43 (3)	
4	82 Lisa Mackem		47 Reston VA		3:24:50
		34:36 (4)	2:16:55 (4)	3:24:50 (4)	
		34:36 (4)	1:42:19 (4)	1:07:55 (4)	

Solo Tri - F 50-54 (6)

		Swim	Bike	Run	
1	177 Deborah Battaglia		50 Centre Hall PA		2:43:00
		22:01 (1)	1:51:25 (1)	2:43:00 (1)	
		22:01 (1)	1:29:24 (2)	51:35 (1)	
2	75 Christina Lewis		50 Windsor Mill MD		2:50:06
		24:44 (3)	1:53:55 (2)	2:50:06 (2)	
		24:44 (3)	1:29:11 (1)	56:11 (2)	
3	97 Gwen Musk		54 Columbia MD		3:04:18
		29:26 (6)	2:07:28 (4)	3:04:18 (3)	
		29:26 (6)	1:38:02 (3)	56:50 (3)	
4	76 Michelle Lilly		50 Midlothian VA		3:07:46
		22:46 (2)	2:05:44 (3)	3:07:46 (4)	
		22:46 (2)	1:42:58 (4)	1:02:02 (5)	
5	31 Carolyn Classen		54 Gettysburg PA		3:25:51
		24:58 (5)	2:24:59 (6)	3:25:51 (5)	
		24:58 (5)	2:00:01 (6)	1:00:52 (4)	

6	51 Karen Good		51 Reisterstown MD		3:32:17
		24:46 (4)	2:15:23 (5)	3:32:17 (6)	
		24:46 (4)	1:50:37 (5)	1:16:54 (6)	
Solo Tri - F 55-59 (2)					
		Swim	Bike	Run	
1	74 Stephanie Landy		58 Ballston Spa NY		2:30:42
		25:08 (2)	1:43:20 (1)	2:30:42 (1)	
		25:08 (2)	1:18:12 (1)	47:22 (1)	
2	124 Alice Spriesterbach		55 Ellicott City MD		2:52:41
		23:40 (1)	2:01:27 (2)	2:52:41 (2)	
		23:40 (1)	1:37:47 (2)	51:14 (2)	
Solo Tri - F 60-64 (1)					
		Swim	Bike	Run	
1	64 Eleonore Jones		63 Morgantown WV		3:18:42
		32:10 (1)	2:06:24 (1)	3:18:42 (1)	
		32:10 (1)	1:34:14 (1)	1:12:18 (1)	
Solo Tri - F 65+ (1)					
		Swim	Bike	Run	
1	33 Lynne Collard		67 Gaithersburg MD		3:45:21
		36:41 (1)	2:30:36 (1)	3:45:21 (1)	
		36:41 (1)	1:53:55 (1)	1:14:45 (1)	
Solo Tri - M 15-19 (2)					
		Swim	Bike	Run	
1	78 Michael Loutzenheiser		17 LaGrange GA		2:07:53
		18:16 (1)	1:29:09 (1)	2:07:53 (1)	
		18:16 (1)	1:10:53 (1)	38:44 (1)	
2	24 Henry Byers		17 Aberdeen MD		3:36:07
		24:14 (2)	2:10:46 (2)	3:36:07 (2)	
		24:14 (2)	1:46:32 (2)	1:25:21 (2)	

Solo Tri - M 25-29 (7)

		Swim	Bike	Run	
1	27 Nick Cicio		25 Irwin PA		2:14:59
		25:15 (5)	1:31:57 (2)	2:14:59 (1)	
		25:15 (5)	1:06:42 (1)	43:02 (1)	
2	174 James Scott		25 Miller Place NY		2:15:15
		21:28 (2)	1:30:27 (1)	2:15:15 (2)	
		21:28 (2)	1:08:59 (2)	44:48 (2)	
3	135 David Uber		26 Pittsburgh PA		2:18:37
		22:54 (4)	1:32:09 (3)	2:18:37 (3)	
		22:54 (4)	1:09:15 (3)	46:28 (3)	
4	86 Andrew Massonneau		26 Winchester VA		2:30:41
		26:26 (6)	1:35:46 (4)	2:30:41 (4)	
		26:26 (6)	1:09:20 (4)	54:55 (6)	
5	12 Dylan Beck		26 Valencia PA		2:42:24
		22:45 (3)	1:47:46 (5)	2:42:24 (5)	
		22:45 (3)	1:25:01 (5)	54:38 (5)	
6	5 Martin Anderson		26 Baltimore MD		2:48:22
		19:06 (1)	1:59:57 (6)	2:48:22 (6)	
		19:06 (1)	1:40:51 (7)	48:25 (4)	
7	105 James Patt		28 Baltimore MD		3:13:25
		28:49 (7)	2:02:38 (7)	3:13:25 (7)	
		28:49 (7)	1:33:49 (6)	1:10:47 (7)	

Solo Tri - M 30-34 (6)

		Swim	Bike	Run	
1	3 Bobby Alkire		32 Midlothian MD		2:11:35
		22:05 (2)	1:28:50 (1)	2:11:35 (1)	
		22:05 (2)	1:06:45 (1)	42:45 (1)	
2	52 Alexander Gray		34 Kensington MD		2:20:36
		20:49 (1)	1:35:35 (2)	2:20:36 (2)	
		20:49 (1)	1:14:46 (2)	45:01 (2)	
3	121 Bradford Smith		31 North Ridgeville OH		2:41:08
		30:02 (5)	1:50:37 (3)	2:41:08 (3)	
		30:02 (5)	1:20:35 (4)	50:31 (3)	
4	26 Nathaniel Chirnside		30 Port Deposit MD		3:00:25
		25:58 (3)	1:59:52 (5)	3:00:25 (4)	
		25:58 (3)	1:33:54 (6)	1:00:33 (4)	

5	179 Zachary Beaulien		30 Cumberland MD		3:04:08
		37:38 (6)	1:56:24 (4)	3:04:08 (5)	
		37:38 (6)	1:18:46 (3)	1:07:44 (5)	
6	56 Hank Hendrix		31 Little Hocking OH		3:17:17
		29:47 (4)	2:03:16 (6)	3:17:17 (6)	
		29:47 (4)	1:33:29 (5)	1:14:01 (6)	
Solo Tri - M 35-39 (18)					
		Swim	Bike	Run	
1	16 Zach Bittinger		35 Frostburg MD		2:06:51
		20:10 (1)	1:24:51 (1)	2:06:51 (1)	
		20:10 (1)	1:04:41 (1)	42:00 (3)	
2	107 Gabriel Piriz		36 Kent OH		2:08:10
		22:26 (5)	1:29:34 (2)	2:08:10 (2)	
		22:26 (5)	1:07:08 (2)	38:36 (1)	
3	57 T.J. Hoff		38 Haymarket VA		2:10:32
		22:16 (4)	1:30:38 (3)	2:10:32 (3)	
		22:16 (4)	1:08:22 (3)	39:54 (2)	
4	120 Christopher Shaw		39 Lovettsville VA		2:16:10
		21:59 (3)	1:32:50 (4)	2:16:10 (4)	
		21:59 (3)	1:10:51 (4)	43:20 (4)	
5	2 Luke Alexander		36 Sterling VA		2:30:19
		25:27 (6)	1:42:34 (5)	2:30:19 (5)	
		25:27 (6)	1:17:07 (6)	47:45 (6)	
6	132 Rob Trimble		39 Silver Spring MD		2:31:35
		25:42 (7)	1:43:25 (6)	2:31:35 (6)	
		25:42 (7)	1:17:43 (7)	48:10 (7)	
7	129 Craig Thedwall		36 Arlington VA		2:35:52
		20:25 (2)	1:49:22 (7)	2:35:52 (7)	
		20:25 (2)	1:28:57 (10)	46:30 (5)	
8	40 Andy Eccles		38 Stanwick		2:40:19
		33:53 (17)	1:50:57 (9)	2:40:19 (8)	
		33:53 (17)	1:17:04 (5)	49:22 (8)	
9	14 Robert Bennett		39 Hershey PA		2:42:58
		25:42 (7)	1:50:40 (8)	2:42:58 (9)	
		25:42 (7)	1:24:58 (8)	52:18 (9)	
10	11 Aaron Basmajian		37 Pittsburgh PA		2:52:34
		32:27 (16)	1:58:13 (11)	2:52:34 (10)	
		32:27 (16)	1:25:46 (9)	54:21 (11)	

11	22 Brian Bucher		39 Harrisburg PA		2:52:58
		27:02 (9)	1:57:16 (10)	2:52:58 (11)	
		27:02 (9)	1:30:14 (11)	55:42 (12)	
12	84 Adam Marlowe		36 Springfield VA		2:58:32
		28:13 (11)	2:04:29 (12)	2:58:32 (12)	
		28:13 (11)	1:36:16 (13)	54:03 (10)	
13	104 Frank Parker		38 Parkville MD		3:09:59
		28:24 (12)	2:10:08 (13)	3:09:59 (13)	
		28:24 (12)	1:41:44 (14)	59:51 (14)	
14	18 Brian Blumling		37 Coraopolis PA		3:15:15
		38:32 (18)	2:13:35 (14)	3:15:15 (14)	
		38:32 (18)	1:35:03 (12)	1:01:40 (15)	
15	70 Tim Krueger		39 Parma OH		3:30:34
		30:25 (15)	2:31:00 (16)	3:30:34 (15)	
		30:25 (15)	2:00:35 (16)	59:34 (13)	
16	58 Brandon Horton		35 Winchester VA		3:32:17
		29:05 (13)	2:27:05 (15)	3:32:17 (16)	
		29:05 (13)	1:58:00 (15)	1:05:12 (16)	
17	7 Douglas Bahr		38 Baltimore MD		4:15:28
		27:49 (10)	2:50:32 (17)	4:15:28 (17)	
		27:49 (10)	2:22:43 (17)	1:24:56 (17)	
	140 Michael Wojcik		37 North Wales PA		dnf
		29:59 (14)			
		29:59 (14)	1/2 Bike	52:12	

Solo Tri - M 40-44 (21)

		Swim	Bike	Run	
1	137 Daryl Weaver		44 Lititz PA		1:56:44
		21:51 (5)	1:21:15 (1)	1:56:44 (1)	
		21:51 (5)	59:24 (1)	35:29 (1)	
2	79 Brian Lovett		43 Allentown PA		2:06:38
		17:07 (1)	1:27:38 (2)	2:06:38 (2)	
		17:07 (1)	1:10:31 (4)	39:00 (2)	
3	55 Chris Harnish		43 Richmond VA		2:09:17
		24:22 (9)	1:29:07 (4)	2:09:17 (3)	
		24:22 (9)	1:04:45 (2)	40:10 (3)	
4	101 Michael Norton		43 Ellicott City MD		2:15:29
		22:47 (7)	1:29:06 (3)	2:15:29 (4)	
		22:47 (7)	1:06:19 (3)	46:23 (5)	

5	175 Lawrence Lane		40 Boiling Springs PA		2:21:52
		20:07 (3)	1:32:41 (5)	2:21:52 (5)	
		20:07 (3)	1:12:34 (5)	49:11 (7)	
6	6 David Baek		42 Columbia MD		2:28:21
		20:31 (4)	1:41:35 (6)	2:28:21 (6)	
		20:31 (4)	1:21:04 (7)	46:46 (6)	
7	123 Michal Sobieszczyk		41 San Antonio TX		2:29:25
		22:14 (6)	1:45:40 (8)	2:29:25 (7)	
		22:14 (6)	1:23:26 (9)	43:45 (4)	
8	30 Spencer Clark		44 Natrona Heights PA		2:40:23
		24:50 (10)	1:44:32 (7)	2:40:23 (8)	
		24:50 (10)	1:19:42 (6)	55:51 (12)	
9	93 Siamak Moayedi		42 Elkridge MD		2:44:18
		27:43 (14)	1:49:46 (9)	2:44:18 (9)	
		27:43 (14)	1:22:03 (8)	54:32 (11)	
10	69 Joel Kostelac		42 Mechanicsburg PA		2:45:00
		29:51 (16)	1:55:26 (12)	2:45:00 (10)	
		29:51 (16)	1:25:35 (11)	49:34 (9)	
11	32 Peter Coleman		40 Bethesda MD		2:45:51
		23:18 (8)	1:56:38 (13)	2:45:51 (11)	
		23:18 (8)	1:33:20 (14)	49:13 (8)	
12	1 Joseph Adkins		42 Silver Spring MD		2:48:04
		27:31 (13)	1:53:40 (11)	2:48:04 (12)	
		27:31 (13)	1:26:09 (12)	54:24 (10)	
13	77 Trent Loehring		42 Severna Park MD		2:54:33
		26:51 (12)	1:57:25 (14)	2:54:33 (13)	
		26:51 (12)	1:30:34 (13)	57:08 (13)	
14	47 Daniel Godwin		43 Wilmington DE		2:59:14
		28:26 (15)	1:52:44 (10)	2:59:14 (14)	
		28:26 (15)	1:24:18 (10)	1:06:30 (16)	
15	178 Ray Mirafior		43 Round Hill VA		3:17:24
		30:42 (17)	2:18:13 (16)	3:17:24 (15)	
		30:42 (17)	1:47:31 (16)	59:11 (14)	
16	94 Mohsen Mojri		41 West Chester PA		3:21:24
		34:31 (19)	2:14:22 (15)	3:21:24 (16)	
		34:31 (19)	1:39:51 (15)	1:07:02 (17)	
17	113 Matthew Roberson		41 Catonsville MD		3:22:49
		25:45 (11)	2:18:34 (17)	3:22:49 (17)	
		25:45 (11)	1:52:49 (17)	1:04:15 (15)	
18	136 Jack Waggett		41 Brownsville PA		4:06:19

37:48 (20)	2:37:52 (19)	4:06:19 (18)
37:48 (20)	2:00:04 (18)	1:28:27 (18)

9 Iain Banks	40 Bowie MD	dnf
19:56 (2)		
19:56 (2)		
100 Win Nguyen	43 Solo Tri - M 40-44	dnf
No Swim	1:25:04	1:25:50
133 Don Tyler	43 Baltimore MD	dnf
31:01 (18)	2:35:09 (18)	
31:01 (18)	2:04:08 (19)	

Solo Tri - M 45-49 (20)

		Swim	Bike	Run	
1	117 Keith Schumann		47 Williamsburg VA		2:07:26
		20:04 (2)	1:29:10 (1)	2:07:26 (1)	
		20:04 (2)	1:09:06 (1)	38:16 (1)	
2	116 Sean Schmidt		47 Reisterstown MD		2:28:57
		25:13 (7)	1:39:31 (2)	2:28:57 (2)	
		25:13 (7)	1:14:18 (2)	49:26 (5)	
3	65 Tad Kelley		49 Catonsville MD		2:29:59
		25:43 (8)	1:40:45 (3)	2:29:59 (3)	
		25:43 (8)	1:15:02 (3)	49:14 (4)	
4	10 Matt Barbour		47 Winchester VA		2:30:51
		22:52 (5)	1:42:56 (5)	2:30:51 (4)	
		22:52 (5)	1:20:04 (6)	47:55 (2)	
5	20 Johan Broen		46 Annapolis MD		2:33:27
		26:25 (9)	1:44:19 (7)	2:33:27 (5)	
		26:25 (9)	1:17:54 (5)	49:08 (3)	
6	95 Chad Molter		47 Vienna VA		2:36:46
		22:43 (4)	1:43:35 (6)	2:36:46 (6)	
		22:43 (4)	1:20:52 (7)	53:11 (8)	
7	122 Cameron Smith		47 Montgomery Village M		2:37:02
		25:04 (6)	1:41:38 (4)	2:37:02 (7)	
		25:04 (6)	1:16:34 (4)	55:24 (11)	
8	21 Glen Brown		45 Edgewater MD		2:47:07
		29:17 (16)	1:50:45 (8)	2:47:07 (8)	
		29:17 (16)	1:21:28 (8)	56:22 (12)	

9	68 Jay Koetitz		46 Bonaire GA		2:47:43
		22:23 (3)	1:54:40 (10)	2:47:43 (9)	
		22:23 (3)	1:32:17 (14)	53:03 (7)	
10	46 Jeff Glorioso		46 Towson MD		2:49:06
		28:23 (12)	1:56:06 (12)	2:49:06 (10)	
		28:23 (12)	1:27:43 (10)	53:00 (6)	
11	63 Keith Johnson		46 Glen Burnie MD		2:50:42
		28:40 (13)	1:57:18 (13)	2:50:42 (11)	
		28:40 (13)	1:28:38 (11)	53:24 (9)	
12	109 Matthew Reeves		47 Washington DC		2:55:32
		19:36 (1)	1:50:59 (9)	2:55:32 (12)	
		19:36 (1)	1:31:23 (12)	1:04:33 (16)	
13	110 Robert Reid		46 Ellicott City MD		2:58:28
		27:41 (11)	1:55:23 (11)	2:58:28 (13)	
		27:41 (11)	1:27:42 (9)	1:03:05 (15)	
14	125 George Stallings		48 Ashburn VA		3:02:19
		29:16 (15)	2:08:46 (15)	3:02:19 (14)	
		29:16 (15)	1:39:30 (16)	53:33 (10)	
15	39 Mark Dyce		47 Baltimore MD		3:02:52
		29:04 (14)	2:01:20 (14)	3:02:52 (15)	
		29:04 (14)	1:32:16 (13)	1:01:32 (13)	
16	67 Sam Kim		48 Rockville MD		3:12:35
		33:40 (19)	2:09:36 (16)	3:12:35 (16)	
		33:40 (19)	1:35:56 (15)	1:02:59 (14)	
17	61 Michael Jantz		45 Perry Hall MD		3:25:47
		26:39 (10)	2:14:55 (17)	3:25:47 (17)	
		26:39 (10)	1:48:16 (17)	1:10:52 (17)	
18	127 Douglas Sward		45 Ellicott City MD		4:23:59
		31:48 (18)	2:54:46 (19)	4:23:59 (18)	
		31:48 (18)	2:22:58 (19)	1:29:13 (18)	
19	176 Tony Garcia		47 Harrisburg PA		4:35:40
		30:35 (17)	2:48:45 (18)	4:35:40 (19)	
		30:35 (17)	2:18:10 (18)	1:46:55 (19)	
	130 Robert Toedter		47 Bay Shore NY		dnf

Solo Tri - M 50-54 (8)

		Swim	Bike	Run	
1	35 Paul Cutler		50 Washington DC		2:20:54

		23:09 (3)	1:35:59 (1)	2:20:54 (1)	
		23:09 (3)	1:12:50 (1)	44:55 (1)	
2	99 Tucker Newberry		54 Oakton VA		2:28:19
		20:21 (1)	1:36:36 (2)	2:28:19 (2)	
		20:21 (1)	1:16:15 (2)	51:43 (4)	
3	142 Jonathan Ziegler		50 Baltimore MD		2:32:43
		25:25 (4)	1:44:38 (3)	2:32:43 (3)	
		25:25 (4)	1:19:13 (3)	48:05 (3)	
4	81 Frederick Mackem		54 Reston VA		2:42:03
		22:36 (2)	1:44:50 (4)	2:42:03 (4)	
		22:36 (2)	1:22:14 (4)	57:13 (7)	
5	13 Michael Bender		54 Alexandria VA		2:47:16
		29:14 (6)	1:52:37 (5)	2:47:16 (5)	
		29:14 (6)	1:23:23 (5)	54:39 (5)	
6	34 Robert Conley		53 Reston VA		2:56:44
		30:24 (7)	1:59:47 (6)	2:56:44 (6)	
		30:24 (7)	1:29:23 (6)	56:57 (6)	
7	102 Tad Norton		52 Canandaigua NY		3:22:51
		25:29 (5)	2:35:20 (7)	3:22:51 (7)	
		25:29 (5)	2:09:51 (8)	47:31 (2)	
8	41 Shawn Fitzpatrick		51 Oakton VA		4:03:21
		36:45 (8)	2:41:00 (8)	4:03:21 (8)	
		36:45 (8)	2:04:15 (7)	1:22:21 (8)	

Solo Tri - M 55-59 (9)

		Swim	Bike	Run	
1	85 Jean-Paul Martin		57 Oakton VA		2:11:19
		21:16 (1)	1:28:56 (1)	2:11:19 (1)	
		21:16 (1)	1:07:40 (1)	42:23 (1)	
2	73 Mark Lander		56 Vienna VA		2:33:49
		24:48 (2)	1:42:46 (2)	2:33:49 (2)	
		24:48 (2)	1:17:58 (2)	51:03 (2)	
3	8 Joey Baird		58 Falls Church VA		2:44:40
		29:53 (6)	1:50:43 (5)	2:44:40 (3)	
		29:53 (6)	1:20:50 (5)	53:57 (3)	
4	173 Wilson Broadwell		55 Yorktown VA		2:48:38
		31:55 (8)	1:50:18 (4)	2:48:38 (4)	
		31:55 (8)	1:18:23 (3)	58:20 (7)	
5	43 Charles Futcher		58 Millersville PA		2:49:52

		30:07 (7)	1:49:35 (3)	2:49:52 (5)	
		30:07 (7)	1:19:28 (4)	1:00:17 (8)	
6	141 Jonathan Woodford		55 Lambertville NJ		2:54:21
		26:09 (5)	1:58:41 (6)	2:54:21 (6)	
		26:09 (5)	1:32:32 (6)	55:40 (6)	
7	54 Mark Hanlon		57 Schwenksville PA		2:55:52
		24:53 (3)	2:00:30 (7)	2:55:52 (7)	
		24:53 (3)	1:35:37 (7)	55:22 (5)	
8	60 Thomas Jagodits		57 Poolesville MD		3:13:37
		25:20 (4)	2:18:20 (8)	3:13:37 (8)	
		25:20 (4)	1:53:00 (8)	55:17 (4)	
9	25 Jimmy Chernega		58 Ashburn VA		3:59:16
		32:11 (9)	2:40:28 (9)	3:59:16 (9)	
		32:11 (9)	2:08:17 (9)	1:18:48 (9)	

Solo Tri - M 60-64 (6)

		Swim	Bike	Run	
1	88 Rob McCoy		60 Fairmont WV		2:42:31
		24:23 (1)	1:44:13 (1)	2:42:31 (1)	
		24:23 (1)	1:19:50 (1)	58:18 (2)	
2	53 Bruce Halpin		61 Ashburn VA		2:49:27
		30:00 (4)	2:01:53 (3)	2:49:27 (2)	
		30:00 (4)	1:31:53 (3)	47:34 (1)	
3	91 Bruce McLaughlin		60 Royersford PA		3:07:36
		26:56 (3)	1:56:22 (2)	3:07:36 (3)	
		26:56 (3)	1:29:26 (2)	1:11:14 (5)	
4	87 Michael Matyas		62 Arlington VA		3:10:30
		26:45 (2)	2:08:58 (4)	3:10:30 (4)	
		26:45 (2)	1:42:13 (4)	1:01:32 (3)	
5	83 Dave Magill		62 Potomac MD		3:27:21
		37:15 (5)	2:19:46 (5)	3:27:21 (5)	
		37:15 (5)	1:42:31 (5)	1:07:35 (4)	
6	42 Matt Flynn		62 Richmond VA		4:08:32
		40:45 (6)	2:47:01 (6)	4:08:32 (6)	
		40:45 (6)	2:06:16 (6)	1:21:31 (6)	

Solo Tri - M 65+ (2)

Swim	Bike	Run
------	------	-----

1	28 James Clark		67 North Haven CT		2:51:36
		31:57 (1)	1:58:16 (1)	2:51:36 (1)	
		31:57 (1)	1:26:19 (2)	53:20 (2)	

2	96 Don Morrison		67 West Brandywine PA		2:53:48
		37:19 (2)	2:01:19 (2)	2:53:48 (2)	
		37:19 (2)	1:24:00 (1)	52:29 (1)	

Du Solo - F 29-U (1)

		Run1	Bike	Run2	
1	494 Mackenzie Vanover		28 Winchester VA		3:04:10
		31:13 (1)	2:07:29 (1)	3:04:10 (1)	
		31:13 (1)	1:36:16 (1)	56:41 (1)	

Du Solo - F 30-39 (2)

		Run1	Bike	Run2	
1	582 Sheray Tario		31 Clifton Park NY		2:40:30
		29:52 (1)	1:48:33 (1)	2:40:30 (1)	
		29:52 (1)	1:18:41 (1)	51:57 (1)	
2	458 Samantha Stephens		38 Hyattsville MD		3:39:14
		34:36 (2)	2:30:43 (2)	3:39:14 (2)	
		34:36 (2)	1:56:07 (2)	1:08:31 (2)	

Du Solo - F 40-49 (3)

		Run1	Bike	Run2	
1	357 Maria Dziembowska		41 Swarthmore PA		3:04:15
		35:35 (1)	2:09:38 (1)	3:04:15 (1)	
		35:35 (1)	1:34:03 (1)	54:37 (1)	
2	378 Jamie Gera		41 Keyser WV		4:00:45
		39:33 (3)	2:47:00 (2)	4:00:45 (2)	
		39:33 (3)	2:07:27 (2)	1:13:45 (2)	
	397 Pamela Reed		46 Mt Airy MD		dnf
		37:02 (2)			
		37:02 (2)	1/2 bike	1:04:36	

Du Solo - F 50+ (3)

		Run1	Bike	Run2	
1	580 Kate Tepas		42 Potomac MD		3:37:08
		38:19 (2)	2:34:25 (1)	3:37:08 (1)	
		38:19 (2)	1:56:06 (1)	1:02:43 (2)	
1	383 Jill Jacobs		51 Darnestown MD		3:37:08
		38:18 (1)	2:34:26 (2)	3:37:08 (1)	
		38:18 (1)	1:56:08 (2)	1:02:42 (1)	
3	306 Lisa Armistead		52 Virginia Beach VA		4:11:22
		40:56 (3)	2:58:49 (3)	4:11:22 (3)	
		40:56 (3)	2:17:53 (3)	1:12:33 (3)	

Du Solo - M 29-U (1)

		Run1	Bike	Run2	
1	394 Will Muller		26 Flemington NJ		2:43:15
		27:56 (1)	1:56:43 (1)	2:43:15 (1)	
		27:56 (1)	1:28:47 (1)	46:32 (1)	

Du Solo - M 30-39 (9)

		Run1	Bike	Run2	
1	393 Jeremy Michalke		39 Ellicott City MD		2:29:24
		28:48 (2)	1:40:58 (1)	2:29:24 (1)	
		28:48 (2)	1:12:10 (1)	48:26 (1)	
2	384 John Jedlinski		33 Topping VA		2:45:03
		28:40 (1)	1:55:09 (2)	2:45:03 (2)	
		28:40 (1)	1:26:29 (3)	49:54 (2)	
3	382 Scott Huffman		39 Keyser WV		3:07:19
		30:25 (3)	2:07:26 (4)	3:07:19 (3)	
		30:25 (3)	1:37:01 (5)	59:53 (3)	
4	380 Jason Hansberger		36 Hagerstown MD		3:08:50
		33:45 (8)	2:08:19 (5)	3:08:50 (4)	
		33:45 (8)	1:34:34 (4)	1:00:31 (4)	
5	390 Allen Leung		39 Catonsville MD		3:23:42
		38:50 (9)	2:03:07 (3)	3:23:42 (5)	
		38:50 (9)	1:24:17 (2)	1:20:35 (8)	
6	379 Patrick Giblin		39 Springfield VA		3:24:05

		32:38 (6)	2:22:07 (6)	3:24:05 (6)	
		32:38 (6)	1:49:29 (6)	1:01:58 (5)	
7	389 Ryan Lavender		35 La Plata MD		3:38:03
		31:14 (4)	2:24:59 (7)	3:38:03 (7)	
		31:14 (4)	1:53:45 (7)	1:13:04 (6)	
8	392 Erik Melanson		32 Swansboro NC		3:56:16
		33:01 (7)	2:37:33 (8)	3:56:16 (8)	
		33:01 (7)	2:04:32 (8)	1:18:43 (7)	
	400 Tom Saunders		37 Morgantown WV		dnf
		31:52 (5)	2:37:36 (9)		
		31:52 (5)	2:05:44 (9)		

Du Solo - M 40-49 (13)

		Run1	Bike	Run2	
1	388 Erin Kelman		40 Germantown MD		2:16:46
		25:30 (1)	1:37:32 (1)	2:16:46 (1)	
		25:30 (1)	1:12:02 (1)	39:14 (1)	
2	330 Jason Clarke		46 Hunt Valley MD		2:25:10
		25:38 (2)	1:40:37 (3)	2:25:10 (2)	
		25:38 (2)	1:14:59 (3)	44:33 (2)	
3	324 Patrick Bosley		43 Westminster MD		2:28:33
		26:07 (3)	1:39:21 (2)	2:28:33 (3)	
		26:07 (3)	1:13:14 (2)	49:12 (3)	
4	471 Vashek Vancura		47 Lorton VA		2:39:33
		28:51 (6)	1:44:47 (4)	2:39:33 (4)	
		28:51 (6)	1:15:56 (4)	54:46 (6)	
5	467 Jason Stewart		41 Morgantown WV		2:44:31
		28:35 (5)	1:48:48 (5)	2:44:31 (5)	
		28:35 (5)	1:20:13 (6)	55:43 (7)	
6	387 Mark Jones		47 Morgantown WV		2:49:43
		29:47 (9)	1:56:52 (7)	2:49:43 (6)	
		29:47 (9)	1:27:05 (7)	52:51 (5)	
7	579 Matt Trunnell		42 Bluemont VA		2:49:48
		34:49 (11)	1:53:15 (6)	2:49:48 (7)	
		34:49 (11)	1:18:26 (5)	56:33 (9)	
8	399 Danny Rogers		42 Frederick MD		3:02:08
		28:05 (4)	2:10:56 (12)	3:02:08 (8)	
		28:05 (4)	1:42:51 (12)	51:12 (4)	

9	386 Greg Jones		48 Kingwood WV		3:03:48
		29:06 (7)	2:06:31 (8)	3:03:48 (9)	
		29:06 (7)	1:37:25 (10)	57:17 (10)	
10	584 Brent Russell		40 Virginia Beach VA		3:04:55
		29:12 (8)	2:08:35 (10)	3:04:55 (10)	
		29:12 (8)	1:39:23 (11)	56:20 (8)	
11	541 Max Webber		42 Hyattsville MD		3:15:28
		33:18 (10)	2:09:02 (11)	3:15:28 (11)	
		33:18 (10)	1:35:44 (9)	1:06:26 (11)	
12	531 Borris Verdan		45 St Albert AB		3:16:45
		38:52 (12)	2:08:33 (9)	3:16:45 (12)	
		38:52 (12)	1:29:41 (8)	1:08:12 (12)	
13	396 Neil Ochoa		48 Ashburn VA		4:03:22
		38:59 (13)	2:41:50 (13)	4:03:22 (13)	
		38:59 (13)	2:02:51 (13)	1:21:32 (13)	

Du Solo - M 50+ (7)

		Run1	Bike	Run2	
1	335 John de Leon		54 Columbia MD		2:31:47
		29:18 (1)	1:42:21 (1)	2:31:47 (1)	
		29:18 (1)	1:13:03 (1)	49:26 (1)	
2	316 Collin Batchlor		54 Columbia MD		2:34:14
		29:46 (2)	1:43:52 (2)	2:34:14 (2)	
		29:46 (2)	1:14:06 (2)	50:22 (2)	
3	391 Oscar Llorin		52 Catonsville MD		2:47:00
		33:08 (5)	1:49:10 (3)	2:47:00 (3)	
		33:08 (5)	1:16:02 (3)	57:50 (4)	
4	395 Barry Nobles		51 Falls Church VA		2:53:17
		31:10 (3)	1:57:07 (4)	2:53:17 (4)	
		31:10 (3)	1:25:57 (4)	56:10 (3)	
5	543 Stephen Weiss		57 North Chesterfield V		3:04:39
		32:21 (4)	2:06:00 (5)	3:04:39 (5)	
		32:21 (4)	1:33:39 (5)	58:39 (5)	
6	583 Bradley Gilman		59 Vienna VA		3:22:40
		37:23 (7)	2:13:58 (6)	3:22:40 (6)	
		37:23 (7)	1:36:35 (6)	1:08:42 (6)	
7	381 David Hawkins		52 Berryville VA		3:44:50
		35:29 (6)	2:23:39 (7)	3:44:50 (7)	
		35:29 (6)	1:48:10 (7)	1:21:11 (7)	

